2019 QUICK FACTS
Pop.: 20,157
% Rural*: 82.9%
Age <18: 22.3%
Age 65+: 17.3%
(Census 2019, *2010)
Race/Ethnicity:
White Non-Hispanic: 92.6%
Hispanic: 3.1%
Black Non-Hispanic: 2.2%

HEALTH OUTCOMES IN SMITH COUNTY

Overall Health Ranking (RWJF 2020)
- Smith: 19.0% (RWJF/CDC 2017)
- TN: 19.7% (CDC 2017***)
- US: 12.0%

- Adult Diabetes (out of 30)
  - Smith: 4.7 (RWJF/CDC 2017)
  - TN: 4.4 (CDC 2017***)
  - US: 31.7%

- Obese Adults
  - Smith: 44.1% (Kids Count 2018)
  - TN: 39.3% (Kids Count 2018)
  - US: 7.8%

- Overweight/Obese Students
  - Smith: 34.6%
  - TN: 39.3%
  - US: 9.3%

- Low Birth Weight Babies
  - Smith: 7.8%
  - TN: 9.3%
  - US: 7.8%

THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

Health Behavior: 30%
Social & Economic Environment: 40%
Clinical Care: 20%
Physical Environment: 10%
SMITH COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

SOCIAL & ECONOMIC ENVIRONMENT

- Poverty Rate
  - Smith County: 14.9%
  - US: 16.1%
  - (Census 2014-18)

- Educational Attainment (Associate’s Degree or More)
  - Smith County: 20.1%
  - US: 33.8%
  - (Census 2014-18)

- Unemployment Rate
  - Smith County: 3.0%
  - US: 3.4%
  - (BLS 2019)

- Median Household Income (Census 2014-18)
  - Smith County: $46,404
  - US: $50,972
  - TN: $60,293

- Crime Rate (per 1K pop.)
  - Smith County: 59.6
  - US: 77.8
  - (TBI 2019)

HEALTH BEHAVIOR

- Drug Overdose Deaths
  - Smith County: 25.6
  - US: 19.6
  - (CDC 2014-18)

- Adult Smokers
  - Smith County: 22.2%
  - US: 23.0%
  - (RWJF/CDC 2017)

- Physically Inactive Adults
  - Smith County: 25.6%
  - US: 29.4%
  - (CDC 2017***)

- Excessive Drinking
  - Smith County: 14.9%
  - US: 14.0%
  - (RWJF/CDC 2017)

CLINICAL CARE

- Uninsured Rate, Age <65 (Census 2018)
  - Smith County: 11.5%
  - US: 12.0%

- Pregnant Women Receiving Adequate Prenatal Care (Kids Count 2018)
  - Smith County: 73.4%
  - US: 58.8%

- Mental Health Providers (per 100K pop.)
  - Smith County: 15 (RWJF/CMS 2019)
  - US: 152

PHYSICAL ENVIRONMENT

- Air Quality
  - Smith County: 8.8
  - US: 8.7 (CDC 2016***)

- Percent with Severe Housing Problems
  - Smith County: 11.3%
  - US: 14.2%
  - (HUD 2013-17)

For more details, visit www.SycamoreInstituteTN.org/Counties.
## QUICK FACTS:

<table>
<thead>
<tr>
<th></th>
<th>Smith County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population (2019)</td>
<td>20,157</td>
<td>6,829,174</td>
<td>328,239,523</td>
</tr>
<tr>
<td>% of population under age 18 (2019)</td>
<td>22.3%</td>
<td>22.1%</td>
<td>22.3%</td>
</tr>
<tr>
<td>% of population age 65+ (2019)</td>
<td>17.3%</td>
<td>16.7%</td>
<td>16.5%</td>
</tr>
<tr>
<td>% of population residing in a rural area (2010)</td>
<td>82.9%</td>
<td>34.4%</td>
<td>21.0%</td>
</tr>
</tbody>
</table>

## HEALTH OUTCOMES:

<table>
<thead>
<tr>
<th>Measure</th>
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<th>TN</th>
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</tr>
</thead>
<tbody>
<tr>
<td>% of adults who rate their health as “poor” or “fair” (2017)</td>
<td>19.0%</td>
<td>19.7%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ diagnosed with diabetes (2017)</td>
<td>11.2%</td>
<td>12.0%***</td>
<td>10.1%***</td>
</tr>
<tr>
<td>Avg # of mentally unhealthy days reported in the past month (2017)</td>
<td>4.7</td>
<td>4.4</td>
<td>4.0</td>
</tr>
<tr>
<td>% of adults age 20+ who are obese (2017)</td>
<td>31.7%</td>
<td>34.6%***</td>
<td>33.7%***</td>
</tr>
<tr>
<td>% of public school students who are overweight or obese (2018)</td>
<td>44.1%</td>
<td>39.3%</td>
<td>n/a</td>
</tr>
<tr>
<td>% of births that are considered low birth weight births (2018)</td>
<td>7.8%</td>
<td>9.3%</td>
<td>8.3%</td>
</tr>
</tbody>
</table>

## SOCIAL & ECONOMIC ENVIRONMENT:

<table>
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<tr>
<th>Measure</th>
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<th>TN</th>
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</tr>
</thead>
<tbody>
<tr>
<td>% of people with incomes below the poverty level (2014-2018)</td>
<td>14.9%</td>
<td>16.1%</td>
<td>14.1%</td>
</tr>
<tr>
<td>% of adults age 25+ with at least an associate’s degree (2014-2018)</td>
<td>20.1%</td>
<td>33.8%</td>
<td>39.9%</td>
</tr>
<tr>
<td>% of labor force that is unemployed (2019)</td>
<td>3.0%</td>
<td>3.4%</td>
<td>3.7%</td>
</tr>
<tr>
<td>Median household income (2014-2018)</td>
<td>$46,404</td>
<td>$50,972</td>
<td>$60,293</td>
</tr>
<tr>
<td># of crimes per 1K population (2019)</td>
<td>59.6</td>
<td>77.8</td>
<td>n/a*</td>
</tr>
</tbody>
</table>

## HEALTH BEHAVIOR:

<table>
<thead>
<tr>
<th>Measure</th>
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<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td># of drug overdose deaths per 100K population (age adj.) (2014-2018)</td>
<td>32.1*</td>
<td>50**</td>
<td>25.6</td>
</tr>
<tr>
<td>% of adults who currently smoke cigarettes (2017)</td>
<td>22.2%</td>
<td>22.6%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ reporting no leisure-time physical activity (2017)</td>
<td>25.6%</td>
<td>29.4%***</td>
<td>24.9%***</td>
</tr>
<tr>
<td>% of adults reporting binge or heavy drinking (2017)</td>
<td>14.9%</td>
<td>14.3%</td>
<td>19.0%</td>
</tr>
</tbody>
</table>

## CLINICAL CARE:

<table>
<thead>
<tr>
<th>Measure</th>
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<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of individuals under age 65 who are uninsured (2018)</td>
<td>11.5%</td>
<td>12.0%</td>
<td>10.4%</td>
</tr>
<tr>
<td>% of pregnant women receiving adequate prenatal care (2018)</td>
<td>73.4%</td>
<td>58.8%</td>
<td>n/a*</td>
</tr>
<tr>
<td># of mental health providers per 100K population (2019)</td>
<td>15*</td>
<td>78**</td>
<td>152</td>
</tr>
</tbody>
</table>

## PHYSICAL ENVIRONMENT:

<table>
<thead>
<tr>
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<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Avg annual micrograms of particulate per cubic meter of air (2016)</td>
<td>8.8</td>
<td>8.7****</td>
<td>7.6*****</td>
</tr>
<tr>
<td>% of households with at least 1 severe housing problem (spend &gt;50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017)</td>
<td>11.3%</td>
<td>14.2%</td>
<td>17.5%</td>
</tr>
</tbody>
</table>

* "n/a" means that data are not available. In some cases, national data comparable to state/county data are unavailable. In others, low figures in some counties were suppressed for privacy reasons.

** For “Quick Facts,” a rank of 1 indicates highest value. For all other measures, a rank of 1 is best and 95 worst. For example, the county with the highest diabetes rate ranks 95th. Due to data availability, only 69 counties are ranked for overdose deaths and 89 counties for mental health providers.

*** TN and US values represents the median value across all counties.

++++ TN and US values represents the averages across all counties.

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