2019 QUICK FACTS
Pop.: 34,366
% Rural*: 72.5%
Age <18: 22.3%
Age 65+: 19.7%
(Census 2019, *2010)

Race/Ethnicity:
- White Non-Hispanic: 86.3%
- Black Non-Hispanic: 6.8%
- Hispanic: 3.8%

HEALTH OUTCOMES IN LINCOLN COUNTY

Overall Health Ranking (RWJF 2020)
- Lincoln: 21.2%
- TN: 19.7%
- US: 12.0%

Adult Diabetes (out of 30)
- Lincoln: 5.0
- TN: 4.4
- US: 3.0

Poor Mental Health Days
- Lincoln: 34.8%
- TN: 34.6%
- US: 39.3%

Obese Adults
- Lincoln: 39.4%
- TN: 39.3%
- US: 8.4%

Overweight/Obese Students
- Lincoln: 8.4%
- TN: 9.3%
- US: 9.3%

Low Birth Weight Babies
- Lincoln: 8.4%
- TN: 9.3%
- US: 9.3%

THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

For more details, visit www.SycamoreInstituteTN.org/Counties.
LINCOLN COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

SOCIAL & ECONOMIC ENVIRONMENT

influences 40% of population health

- Poverty Rate
- Educational Attainment (Associate’s Degree or More)
- Unemployment Rate
- Median Household Income (Census 2014-18)
- Uninsured Rate, Age <65 (Census 2018)
- Crime Rate (per 1K pop.) (TBI 2019)

- 15.9% 16.1% (Census 2014-18)
- 25.1% 33.8% (Census 2014-18)
- 3.6% 3.4% (BLS 2019)
- $45,736 $50,972 $60,293
- 64.4 77.8

HEALTH BEHAVIOR

influences 30% of population health

- Drug Overdose Deaths (per 100K pop.) (CDC 2014-18)
- Adult Smokers
- Physically Inactive Adults
- Excessive Drinking

- 25.6 19.6
- 21.7% 23.0% (RWJF/CDC 2017)
- 34.8% 29.4% (CDC 2017***)
- 13.6% 14.0% (RWJF/CDC 2017)

CLINICAL CARE

influences 20% of population health

- Uninsured Rate, Age <65 (Census 2018)
- Pregnant Women Receiving Adequate Prenatal Care (Kids Count 2018)
- Mental Health Providers (per 100K pop.) (RWJF/CMS 2019)

- 12.3% 12.0%
- 62.8% 58.8%
- 35 152 250

PHYSICAL ENVIRONMENT

influences 10% of population health

- Air Quality (micrograms of particulate matter per cubic meter)
- Percent with Severe Housing Problems

- 9.3 8.7 (CDC 2016****)
- 14.0% 14.2% (HUD 2013-17)

For more details, visit www.SycamoreInstituteTN.org/Counties.

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## Quick Facts:

<table>
<thead>
<tr>
<th></th>
<th>Lincoln County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population (2019)</td>
<td>34,366</td>
<td>6,829,174</td>
<td>328,239,523</td>
</tr>
<tr>
<td>% of population under age 18 (2019)</td>
<td>22.3%</td>
<td>22.1%</td>
<td>22.3%</td>
</tr>
<tr>
<td>% of population age 65+ (2019)</td>
<td>19.7%</td>
<td>16.7%</td>
<td>16.5%</td>
</tr>
<tr>
<td>% of population residing in a rural area (2010)</td>
<td>72.5%</td>
<td>34.4%</td>
<td>21.0%</td>
</tr>
</tbody>
</table>

## Health Outcomes:

<table>
<thead>
<tr>
<th></th>
<th>Lincoln County</th>
<th>TN</th>
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</tr>
</thead>
<tbody>
<tr>
<td>% of adults who rate their health as &quot;poor&quot; or &quot;fair&quot; (2017)</td>
<td>21.2%</td>
<td>19.7%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ diagnosed with diabetes (2017)</td>
<td>9.6%</td>
<td>12.0%***</td>
<td>10.1%***</td>
</tr>
<tr>
<td>Avg # of mentally unhealthy days reported in the past month (2017)</td>
<td>5.0</td>
<td>4.4</td>
<td>4.0</td>
</tr>
<tr>
<td>% of adults age 20+ who are obese (2017)</td>
<td>34.8%</td>
<td>34.6%***</td>
<td>33.7%***</td>
</tr>
<tr>
<td>% of public school students who are overweight or obese (2018)</td>
<td>39.4%</td>
<td>39.3%</td>
<td>n/a</td>
</tr>
<tr>
<td>% of births that are considered low birth weight births (2018)</td>
<td>8.4%</td>
<td>9.3%</td>
<td>8.3%</td>
</tr>
</tbody>
</table>

## Social & Economic Environment:

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>% of people with incomes below the poverty level (2014-2018)</td>
<td>15.9%</td>
<td>16.1%</td>
<td>14.1%</td>
</tr>
<tr>
<td>% of adults age 25+ with at least an associate’s degree (2014-2018)</td>
<td>25.1%</td>
<td>33.8%</td>
<td>39.9%</td>
</tr>
<tr>
<td>% of labor force that is unemployed (2019)</td>
<td>3.6%</td>
<td>3.4%</td>
<td>3.7%</td>
</tr>
<tr>
<td>Median household income (2014-2018)</td>
<td>$45,736</td>
<td>$50,972</td>
<td>$60,293</td>
</tr>
<tr>
<td># of crimes per 1K population (2019)</td>
<td>64.4</td>
<td>77.8</td>
<td>n/a</td>
</tr>
</tbody>
</table>

## Health Behavior:

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td># of drug overdose deaths per 100K population (age adj.) (2014-2018)</td>
<td>19.6*</td>
<td>25.6</td>
<td>19.6</td>
</tr>
<tr>
<td>% of adults who currently smoke cigarettes (2017)</td>
<td>21.7%</td>
<td>22.6%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ reporting no leisure-time physical activity (2017)</td>
<td>34.8%</td>
<td>29.4%***</td>
<td>24.9%***</td>
</tr>
<tr>
<td>% of adults reporting binge or heavy drinking (2017)</td>
<td>13.6%</td>
<td>14.3%</td>
<td>19.0%</td>
</tr>
</tbody>
</table>

## Clinical Care:

<table>
<thead>
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</tr>
</thead>
<tbody>
<tr>
<td>% of individuals under age 65 who are uninsured (2018)</td>
<td>12.3%</td>
<td>12.0%</td>
<td>10.4%</td>
</tr>
<tr>
<td>% of pregnant women receiving adequate prenatal care (2018)</td>
<td>62.8%</td>
<td>58.8%</td>
<td>n/a</td>
</tr>
<tr>
<td># of mental health providers per 100K population (2019)</td>
<td>35*</td>
<td>152</td>
<td>250</td>
</tr>
</tbody>
</table>

## Physical Environment:

<table>
<thead>
<tr>
<th></th>
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<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Avg annual micrograms of particulate per cubic meter of air (2016)</td>
<td>9.3</td>
<td>8.7****</td>
<td>7.6****</td>
</tr>
<tr>
<td>% of households with at least 1 severe housing problem (spend &gt;50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017)</td>
<td>14.0%</td>
<td>14.2%</td>
<td>17.5%</td>
</tr>
</tbody>
</table>

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