LEWIS COUNTY



2019 QUICK FACTS

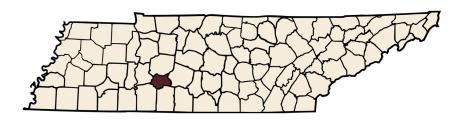
Pop.: **12,268** Race/Ethnicity:

% Rural*: **70.2%** White Non-Hispanic: **92.9%**

Age <18: **21.9%** Hispanic: **2.5%**

Age 65+: 21.3% Black Non-Hispanic: 2.0%

(Census 2019, *2010)



HEALTH OUTCOMES IN LEWIS COUNTY





Diabetes



Fair/Poor Health

Poor Mental Health Days (out of 30)

Obese Adults

Overweight/
Obese
Students

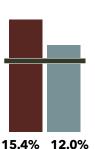
Low Birth Weight Babies



Health Ranking (RWJF 2020)

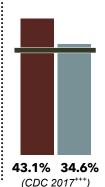


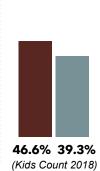
(RWJF/CDC 2017)



(CDC 2017***)



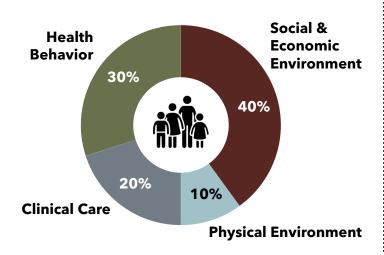






THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.





The factors that drive our health are complex and interconnected. They can affect each other while also influencing our health and well-being.

For more details, visit www.SycamoreInstituteTN.org/Counties.

LEWIS COUNTY

EXAMPLES OF THE DRIVERS OF HEALTH





SOCIAL & ECONOMIC ENVIRONMENT

influences 40% of population health

Poverty Rate



Educational Attainment (Associate's Degree or More)



Unemployment Rate



Median Household Income







(Census 2014-18)

\$37,139

\$50,972

\$60,293

20.3% 16.1% (Census 2014-18) :

(Census 2014-18)



Crime 46.9 Rate (per 1K pop.) (TBI 2019)



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HEALTH BEHAVIOR

influences 30% of population health

Drug **Overdose Deaths**

(per 100K pop.) (CDC 2014-18)

25.6

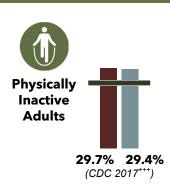


n/a





22.6% 23.0% (RWJF/CDC 2017)



Excessive Drinking 14.1% 14.0% (RWJF/CDC 2017)



CLINICAL CARE

influences 20% of population health

Uninsured Rate, **Age <65** (Census 2018)

13.1% 12.0%

Pregnant Women Receiving Adequate Prenatal Care (Kids Count 2018)

59.7% 58.8% Mental Health **Providers** (per 100K pop.) (RWJF/CMS 2019)

41





152

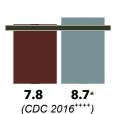
250

PHYSICAL ENVIRONMENT

influences 10% of population health

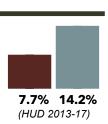


Air Quality (micrograms of particulate matter per cubic meter)





Percent with Severe Housing Problems



For more details, visit www.SycamoreInstituteTN.org/Counties.

LEWIS COUNTY DATA APPENDIX

	Lewis County		TN	US
	Value	Rank ^{⁺⁺}		
QUICK FACTS:				
Population (2019)	12,268	84	6,829,174	328,239,523
% of population under age 18 (2019)	21.9%	30	22.1%	22.3%
% of population age 65+ (2019)	21.3%	27	16.7%	16.5%
% of population residing in a rural area (2010)	70.2%	46	34.4%	21.0%
HEALTH OUTCOMES:				
% of adults who rate their health as "poor" or "fair" (2017)	21.9%	58	19.7%	17.0%
% of adults age 20+ diagnosed with diabetes (2017)	15.4%	79	12.0%+++	10.1%+++
Avg # of mentally unhealthy days reported in the past month (2017)	4.8	39	4.4	4.0
% of adults age 20+ who are obese (2017)	43.1%	90	34.6%+++	33.7%+++
% of public school students who are overweight or obese (2018)	46.6%	79	39.3%	n/a
% of births that are considered low birth weight births (2018)	11.0%	84	9.3%	8.3%
SOCIAL & ECONOMIC ENVIRONMENT:				
% of people with incomes below the poverty level (2014-2018)	20.3%	71	16.1%	14.1%
% of adults age 25+ with at least an associate's degree (2014-2018)	19.8%	60	33.8%	39.9%
% of labor force that is unemployed (2019)	4.0%	46	3.4%	3.7%
Median household income (2014-2018)	\$37,139	78	\$50,972	\$60,293
# of crimes per 1K population (2019)	46.9	40	77.8	n/a⁺
HEALTH BEHAVIOR:				
# of drug overdose deaths per 100K population (age adj.) (2014-2018)	n/a⁺	n/a ⁺⁺	25.6	19.6
% of adults who currently smoke cigarettes (2017)	22.6%	51	22.6%	17.0%
% of adults age 20+ reporting no leisure-time physical activity (2017)	29.7%	53	29.4%+++	24.9%+++
% of adults reporting binge or heavy drinking (2017)	14.1%	60	14.3%	19.0%
CLINICAL CARE:				
% of individuals under age 65 who are uninsured (2018)	13.1%	65	12.0%	10.4%
% of pregnant women receiving adequate prenatal care (2018)	59.7%	59	58.8%	n/a⁺
# of mental health providers per 100K population (2019)	41 ⁺	55**	152	250
PHYSICAL ENVIRONMENT:				
Avg annual micrograms of particulate per cubic meter of air (2016)	7.8	7	8.7****	7.6****
% of households with at least 1 severe housing problem (spend >50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017)	7.7%	2	14.2%	17.5%

^{* &}quot;n/a" means that data are not available. In some cases, national data comparable to state/county data are unavailable. In others, low figures in some counties were suppressed for privacy reasons.

For more details, visit www.SycamoreInstituteTN.org/Counties.

For "Quick Facts," a rank of 1 indicates highest value. For all other measures, a rank of 1 is best and 95 worst. For example, the county with the highest diabetes rate ranks 95th. Due to data availability, only 69 counties are ranked for overdose deaths and 89 counties for mental health providers.

^{***} TN and US values represents the median value across all counties.

⁺⁺⁺⁺ TN and US values represents the averages across all counties.