### 2019 QUICK FACTS

- **Pop.:** 25,652
- **% Rural:** 67.9%
- **Age <18:** 20.4%
- **Age 65+:** 23.3%

(Census 2019, *2010)

#### Race/Ethnicity:
- **White Non-Hispanic:** 91.6%
- **Black Non-Hispanic:** 3.3%
- **Hispanic:** 2.7%

#### HEALTH OUTCOMES IN HARDIN COUNTY

- **Overall Health Ranking**
  - **Hardin:** ranked 85 out of 95 TN counties
  - **24.4%** Fair/Poor Health (RWJF/CDC 2017)
  - **11.8%** Adult Diabetes (CDC 2017***)
  - **5.0** Poor Mental Health Days (out of 30) (RWJF/CDC 2017)
  - **34.6%** Obese Adults (CDC 2017***)
  - **44.3%** Overweight/Obese Students (Kids Count 2018)
  - **9.9%** Low Birth Weight Babies (Kids Count 2018)

### THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

- **Health Behavior:** 30%
- **Social & Economic Environment:** 40%
- **Clinical Care:** 20%
- **Physical Environment:** 10%

The factors that drive our health are complex and interconnected. They can affect each other while also influencing our health and well-being.

For more details, visit www.SycamoreInstituteTN.org/Counties.
HARDIN COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

**SOCIAL & ECONOMIC ENVIRONMENT**
influences 40% of population health

- **Poverty Rate**
  - Hardin: 20.5%
  - US: 16.1%
  - (Census 2014-18)

- **Educational Attainment**
  - (Associate’s Degree or More)
  - Hardin: 20.3%
  - US: 33.8%
  - (Census 2014-18)

- **Unemployment Rate**
  - Hardin: 4.3%
  - US: 3.4%
  - (BLS 2019)

- **Median Household Income**
  - Hardin: $39,798
  - US: $50,972
  - TN: $60,293
  - (Census 2014-18)

- **Uninsured Rate**
  - Hardin: 25.6%
  - TN: 19.6%
  - (Census 2014-18)

- **Crime Rate**
  - Hardin: 72.9 (per 1K pop.)
  - US: 77.8
  - (TBI 2019)

**HEALTH BEHAVIOR**
influences 30% of population health

- **Drug Overdose Deaths**
  - Hardin: 39.8
  - (per 100K pop.)
  - (CDC 2014-18)

- **Adult Smokers**
  - Hardin: 23.1%
  - TN: 23.0%
  - (RWJF/CDC 2017)

- **Physically Inactive Adults**
  - Hardin: 34.8%
  - TN: 29.4%
  - (CDC 2017***)

- **Excessive Drinking**
  - Hardin: 13.4%
  - TN: 14.0%
  - (RWJF/CDC 2017)

**CLINICAL CARE**
influences 20% of population health

- **Uninsured Rate**
  - Hardin: 12.8%
  - TN: 12.0%
  - (Census 2018)

- **Pregnant Women Receiving Adequate Prenatal Care**
  - Hardin: 73.1%
  - TN: 58.8%
  - (Kids Count 2018)

- **Mental Health Providers**
  - Hardin: 93
  - TN: 152
  - US: 250
  - (RWJF/CMS 2019)

**PHYSICAL ENVIRONMENT**
influences 10% of population health

- **Air Quality**
  - Micrograms of particulate matter per cubic meter
  - Hardin: 8.3
  - US: 8.7*
  - (CDC 2016****)

- **Percent with Severe Housing Problems**
  - Hardin: 12.9%
  - TN: 14.2%
  - US: 8.7
  - (BLS 2019)

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### QUICK FACTS:

<table>
<thead>
<tr>
<th>Measure</th>
<th>Hardin County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population (2019)</td>
<td>25,652</td>
<td>6,829,174</td>
<td>328,239,523</td>
</tr>
<tr>
<td>% of population under age 18 (2019)</td>
<td>20.4%</td>
<td>22.1%</td>
<td>22.3%</td>
</tr>
<tr>
<td>% of population age 65+ (2019)</td>
<td>23.3%</td>
<td>16.7%</td>
<td>16.5%</td>
</tr>
<tr>
<td>% of population residing in a rural area (2010)</td>
<td>67.9%</td>
<td>34.4%</td>
<td>21.0%</td>
</tr>
</tbody>
</table>

### HEALTH OUTCOMES:

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<tbody>
<tr>
<td>% of adults who rate their health as &quot;poor&quot; or &quot;fair&quot; (2017)</td>
<td>24.4%</td>
<td>19.7%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ diagnosed with diabetes (2017)</td>
<td>11.8%</td>
<td>12.0%</td>
<td>10.1%</td>
</tr>
<tr>
<td>Avg # of mentally unhealthy days reported in the past month (2017)</td>
<td>5.0</td>
<td>4.4</td>
<td>4.0</td>
</tr>
<tr>
<td>% of adults age 20+ who are obese (2017)</td>
<td>34.6%</td>
<td>34.6%</td>
<td>33.7%</td>
</tr>
<tr>
<td>% of public school students who are overweight or obese (2018)</td>
<td>44.3%</td>
<td>39.3%</td>
<td>n/a</td>
</tr>
<tr>
<td>% of births that are considered low birth weight births (2018)</td>
<td>9.9%</td>
<td>9.3%</td>
<td>8.3%</td>
</tr>
</tbody>
</table>

### SOCIAL & ECONOMIC ENVIRONMENT:

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</tr>
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<tbody>
<tr>
<td>% of people with incomes below the poverty level (2014-2018)</td>
<td>20.5%</td>
<td>16.1%</td>
<td>14.1%</td>
</tr>
<tr>
<td>% of adults age 25+ with at least an associate’s degree (2014-2018)</td>
<td>20.3%</td>
<td>33.8%</td>
<td>39.9%</td>
</tr>
<tr>
<td>% of labor force that is unemployed (2019)</td>
<td>4.3%</td>
<td>3.4%</td>
<td>3.7%</td>
</tr>
<tr>
<td>Median household income (2014-2018)</td>
<td>$39,798</td>
<td>$50,972</td>
<td>$60,293</td>
</tr>
<tr>
<td># of crimes per 1K population (2019)</td>
<td>72.9</td>
<td>77.8</td>
<td>n/a</td>
</tr>
</tbody>
</table>

### HEALTH BEHAVIOR:

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</tr>
</thead>
<tbody>
<tr>
<td># of drug overdose deaths per 100K population (age adj.) (2014-2018)</td>
<td>39.8*</td>
<td>25.6</td>
<td>19.6</td>
</tr>
<tr>
<td>% of adults who currently smoke cigarettes (2017)</td>
<td>23.1%</td>
<td>22.6%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ reporting no leisure-time physical activity (2017)</td>
<td>34.8%</td>
<td>29.4%</td>
<td>24.9%</td>
</tr>
<tr>
<td>% of adults reporting binge or heavy drinking (2017)</td>
<td>13.4%</td>
<td>14.3%</td>
<td>19.0%</td>
</tr>
</tbody>
</table>

### CLINICAL CARE:

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<tbody>
<tr>
<td>% of individuals under age 65 who are uninsured (2018)</td>
<td>12.8%</td>
<td>12.0%</td>
<td>10.4%</td>
</tr>
<tr>
<td>% of pregnant women receiving adequate prenatal care (2018)</td>
<td>73.1%</td>
<td>58.8%</td>
<td>n/a</td>
</tr>
<tr>
<td># of mental health providers per 100K population (2019)</td>
<td>93*</td>
<td>152</td>
<td>250</td>
</tr>
</tbody>
</table>

### PHYSICAL ENVIRONMENT:

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</tr>
</thead>
<tbody>
<tr>
<td>Avg annual micrograms of particulate per cubic meter of air (2016)</td>
<td>8.3</td>
<td>8.7****</td>
<td>7.6*****</td>
</tr>
<tr>
<td>% of households with at least 1 severe housing problem (spend &gt;50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017)</td>
<td>12.9%</td>
<td>14.2%</td>
<td>17.5%</td>
</tr>
</tbody>
</table>

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