2019 QUICK FACTS
Pop.: 13,427
% Rural*: 100%
Age <18: 21.3%
Age 65+: 21.0%
(Rank: 92 out of 95 counties)

Race/Ethnicity:
White Non-Hispanic: 95.8%
Hispanic: 1.3%
Multi-Race Non-Hispanic: 1.3%

HEALTH OUTCOMES IN GRUNDY COUNTY

Overall Health Ranking (RWJF 2020)
- Grundy TN: 25.0%
- US: 19.7%

Adult Diabetes (out of 30)
- Grundy TN: 13.1%
- US: 12.0%

Poor Mental Health Days
- Grundy TN: 5.2
- US: 4.4

Obese Adults
- Grundy TN: 33.2%
- US: 34.6%

Overweight/Obese Students
- Grundy TN: 37.7%
- US: 39.3%

Low Birth Weight Babies
- Grundy TN: 10.0%
- US: 9.3%

THE DRIVERS OF HEALTH

- Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

For more details, visit www.SycamoreInstituteTN.org/Counties.
GRUNDY COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

SOCIAL & ECONOMIC ENVIRONMENT

influences 40% of population health

- Poverty Rate
  - Grundy: 24.3%
  - TN: 16.1%
  - US: 16.1%
  - (Census 2014-18)

- Educational Attainment
  - Grundy: 19.7%
  - TN: 33.8%
  - US: 33.8%
  - (Census 2014-18)

- Unemployment Rate
  - Grundy: 4.1%
  - TN: 3.4%
  - US: 3.4%
  - (BLS 2019)

- Median Household Income
  - Grundy: $36,987
  - TN: $50,972
  - US: $60,293
  - (Census 2014-18)

- Uninsured Rate, Age <65
  - Grundy: 79.5%
  - TN: 77.8%
  - US: 77.8%
  - (Census 2018)

- Crime Rate (per 1K pop.)
  - Grundy: 23.0%
  - TN: 19.6%
  - US: 19.6%
  - (TBI 2019)

HEALTH BEHAVIOR

influences 30% of population health

- Drug Overdose Deaths (per 100K pop.)
  - Grundy: 36.5
  - TN: 25.6
  - US: 19.6
  - (CDC 2014-18)

- Adult Smokers
  - Grundy: 24.7%
  - TN: 23.0%
  - US: 23.0%
  - (RWJF/CDC 2017)

- Physically Inactive Adults
  - Grundy: 19.5%
  - TN: 29.4%
  - US: 29.4%
  - (CDC 2017***)

- Excessive Drinking
  - Grundy: 12.5%
  - TN: 14.0%
  - US: 14.0%
  - (RWJF/CDC 2017)

CLINICAL CARE

influences 20% of population health

- Uninsured Rate, Age <65
  - Grundy: 15.0%
  - TN: 12.0%
  - US: 12.0%
  - (Census 2018)

- Pregnant Women Receiving Adequate Prenatal Care
  - Grundy: 42.5%
  - TN: 58.8%
  - US: 58.8%
  - (Kids Count 2018)

- Mental Health Providers (per 100K pop.)
  - Grundy: 37
  - TN: 152
  - US: 250
  - (RWJF/CMS 2019)

PHYSICAL ENVIRONMENT

influences 10% of population health

- Air Quality
  - Grundy: 8.8
  - TN: 8.7*
  - US: 8.7*
  - (CDC 2016****)

- Percent with Severe Housing Problems
  - Grundy: 13.6%
  - TN: 14.2%
  - US: 8.8
  - (HUD 2013-17)

For more details, visit www.SycamoreInstituteTN.org/Counties.
<table>
<thead>
<tr>
<th>Grundy County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value</td>
<td>Rank**</td>
<td></td>
</tr>
</tbody>
</table>

**QUICK FACTS:**
- % of population under age 18 (2019): 21.3%, Rank: 42, TN: 22.1%, US: 22.3%
- % of population age 65+ (2019): 21.0%, Rank: 29, TN: 16.7%, US: 16.5%
- % of population residing in a rural area (2010): 100%, Rank: 1, TN: 34.4%, US: 21.0%

**HEALTH OUTCOMES:**
- % of adults who rate their health as "poor" or "fair" (2017): 25.0%, Rank: 90, TN: 19.7%, US: 17.0%
- Avg # of mentally unhealthy days reported in the past month (2017): 5.2, Rank: 88, TN: 4.4, US: 4.0
- % of adults age 20+ who are obese (2017): 33.2%, Rank: 34, TN: 34.6%***, US: 33.7%***
- % of public school students who are overweight or obese (2018): 37.7%, Rank: 18, TN: 39.3%, US: n/a
- % of births that are considered low birth weight births (2018): 10.0%, Rank: 78, TN: 9.3%, US: 8.3%

**SOCIAL & ECONOMIC ENVIRONMENT:**
- % of people with incomes below the poverty level (2014-2018): 24.3%, Rank: 90, TN: 16.1%, US: 14.1%
- % of adults age 25+ with at least an associate’s degree (2014-2018): 19.7%, Rank: 61, TN: 33.8%, US: 39.9%
- % of labor force that is unemployed (2019): 4.1%, Rank: 53, TN: 3.4%, US: 3.7%
- # of crimes per 1K population (2019): 79.5, Rank: 81, TN: 77.8, US: n/a*

**HEALTH BEHAVIOR:**
- % of adults who currently smoke cigarettes (2017): 24.7%, Rank: 84, TN: 22.6%, US: 17.0%
- % of adults age 20+ reporting no leisure-time physical activity (2017): 19.5%, Rank: 4, TN: 29.4%***, US: 24.9%***
- % of adults reporting binge or heavy drinking (2017): 12.5%, Rank: 9, TN: 14.3%, US: 19.0%

**CLINICAL CARE:**
- % of individuals under age 65 who are uninsured (2018): 15.0%, Rank: 91, TN: 12.0%, US: 10.4%
- % of pregnant women receiving adequate prenatal care (2018): 42.5%, Rank: 95, TN: 58.8%, US: n/a*

**PHYSICAL ENVIRONMENT:**
- Avg annual micrograms of particulate per cubic meter of air (2016): 8.8, Rank: 46, TN: 8.7****, US: 7.6****
- % of households with at least 1 severe housing problem (spend >50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017): 13.6%, Rank: 71, TN: 14.2%, US: 17.5%

* "n/a" means that data are not available. In some cases, national data comparable to state/county data are unavailable. In others, low figures in some counties were suppressed for privacy reasons.
** For “Quick Facts,” a rank of 1 indicates highest value. For all other measures, a rank of 1 is best and 95 worst. For example, the county with the highest diabetes rate ranks 95th. Due to data availability, only 69 counties are ranked for overdose deaths and 89 counties for mental health providers.
*** TN and US values represents the median value across all counties.
**** TN and US values represents the averages across all counties.

For more details, visit www.SycamoreInstituteTN.org/Counties.