2019 QUICK FACTS
Pop.: 56,391
% Rural*: 41.0%
Age <18: 18.1%
Age 65+: 22.4%
(Rank: 57 out of 95 TN counties)

Race/Ethnicity:
White Non-Hispanic: 94.4%
Hispanic: 2.0%
Black Non-Hispanic: 1.6%

HEALTH OUTCOMES IN CARTER COUNTY

Overall Health Ranking (RWJF 2020)
- Fair/Poor Health
  - Carter: 23.8% (RWJF/CDC 2017)
  - TN: 19.7%
  - US: 16.0%
- Adult Diabetes
  - Carter: 16.0%
  - TN: 12.0%
  - US: 12.0%
- Poor Mental Health Days (out of 30)
  - Carter: 5.2
  - TN: 4.4
  - US: 3.8%
- Obese Adults
  - Carter: 38.0%
  - TN: 34.6%
  - US: 36.0%
- Overweight/Obese Students
  - Carter: 42.1%
  - TN: 39.3%
  - US: 42.1%
- Low Birth Weight Babies
  - Carter: 8.1%
  - TN: 9.3%
  - US: 6.0%

THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

40% Clinical Care
30% Social & Economic Environment
20% Physical Environment
10% Health Behavior

The factors that drive our health are complex and interconnected. They can affect each other while also influencing our health and well-being.
CARTER COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

SOCIAL & ECONOMIC ENVIRONMENT
influences 40% of population health

- Poverty Rate
  - 23.5% (Census 2014-18)
  - 16.1% (Census 2014-18)
- Educational Attainment (Associate’s Degree or More)
  - 21.9% (Census 2014-18)
  - 33.8% (Census 2014-18)
- Unemployment Rate
  - 4.1% (BLS 2019)
  - 3.4% (BLS 2019)
- Median Household Income (Census 2014-18)
  - $36,589
  - $50,972
  - $60,293
- Crime Rate (per 1K pop.) (TBI 2019)
  - 40.9
  - 77.8

HEALTH BEHAVIOR
influences 30% of population health

- Drug Overdose Deaths (per 100K pop.) (CDC 2014-18)
  - 25.6
  - 19.6
  - 31.7
- Adult Smokers
  - 24.8% (RWJF/CDC 2017)
  - 23.0% (RWJF/CDC 2017)
- Physically Inactive Adults
  - 27.9% (CDC 2017***)
  - 29.4% (CDC 2017***)
- Excessive Drinking
  - 13.0% (RWJF/CDC 2017)
  - 14.0% (RWJF/CDC 2017)

CLINICAL CARE
influences 20% of population health

- Uninsured Rate, Age <65 (Census 2018)
  - 13.2%
  - 12.0%
- Pregnant Women Receiving Adequate Prenatal Care (Kids Count 2018)
  - 51.8%
  - 58.8%
- Mental Health Providers (per 100K pop.) (RWJF/CMS 2019)
  - 30
  - 152
  - 250

PHYSICAL ENVIRONMENT
influences 10% of population health

- Air Quality (micrograms of particulate matter per cubic meter)
  - 8.7 (CDC 2016****)
  - 8.7*
- Percent with Severe Housing Problems
  - 14.6%
  - 14.2% (HUD 2013-17)

For more details, visit www.SycamoreInstituteTN.org/Counties.
<table>
<thead>
<tr>
<th>QUICK FACTS:</th>
<th>Carter County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population (2019)</td>
<td>56,391</td>
<td>26</td>
<td>6,829,174</td>
</tr>
<tr>
<td>% of population under age 18 (2019)</td>
<td>18.1%</td>
<td>87</td>
<td>22.1%</td>
</tr>
<tr>
<td>% of population age 65+ (2019)</td>
<td>22.4%</td>
<td>15</td>
<td>16.7%</td>
</tr>
<tr>
<td>% of population residing in a rural area (2010)</td>
<td>41.0%</td>
<td>77</td>
<td>34.4%</td>
</tr>
</tbody>
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<th>HEALTH OUTCOMES:</th>
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</thead>
<tbody>
<tr>
<td>% of adults who rate their health as “poor” or “fair” (2017)</td>
<td>23.8%</td>
<td>78</td>
<td>19.7%</td>
</tr>
<tr>
<td>% of adults age 20+ diagnosed with diabetes (2017)</td>
<td>16.0%</td>
<td>84</td>
<td>12.0%***</td>
</tr>
<tr>
<td>Avg # of mentally unhealthy days reported in the past month (2017)</td>
<td>5.2</td>
<td>88</td>
<td>4.4</td>
</tr>
<tr>
<td>% of adults age 20+ who are obese (2017)</td>
<td>38.0%</td>
<td>77</td>
<td>34.6%***</td>
</tr>
<tr>
<td>% of public school students who are overweight or obese (2018)</td>
<td>42.1%</td>
<td>42</td>
<td>39.3%</td>
</tr>
<tr>
<td>% of births that are considered low birth weight births (2018)</td>
<td>8.1%</td>
<td>36</td>
<td>9.3%</td>
</tr>
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<tr>
<td>% of people with incomes below the poverty level (2014-2018)</td>
<td>23.5%</td>
<td>87</td>
<td>16.1%</td>
</tr>
<tr>
<td>% of adults age 25+ with at least an associate's degree (2014-2018)</td>
<td>21.9%</td>
<td>45</td>
<td>33.8%</td>
</tr>
<tr>
<td>% of labor force that is unemployed (2019)</td>
<td>4.1%</td>
<td>53</td>
<td>3.4%</td>
</tr>
<tr>
<td>Median household income (2014-2018)</td>
<td>$36,589</td>
<td>82</td>
<td>$50,972</td>
</tr>
<tr>
<td># of crimes per 1K population (2019)</td>
<td>40.9</td>
<td>26</td>
<td>77.8</td>
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<tr>
<td># of drug overdose deaths per 100K population (age adj.) (2014-2018)</td>
<td>31.7*</td>
<td>48**</td>
<td>25.6</td>
</tr>
<tr>
<td>% of adults who currently smoke cigarettes (2017)</td>
<td>24.8%</td>
<td>85</td>
<td>22.6%</td>
</tr>
<tr>
<td>% of adults age 20+ reporting no leisure-time physical activity (2017)</td>
<td>27.9%</td>
<td>43</td>
<td>29.4%***</td>
</tr>
<tr>
<td>% of adults reporting binge or heavy drinking (2017)</td>
<td>13.0%</td>
<td>21</td>
<td>14.3%</td>
</tr>
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<tr>
<td>% of individuals under age 65 who are uninsured (2018)</td>
<td>13.2%</td>
<td>68</td>
<td>12.0%</td>
</tr>
<tr>
<td>% of pregnant women receiving adequate prenatal care (2018)</td>
<td>51.8%</td>
<td>83</td>
<td>58.8%</td>
</tr>
<tr>
<td># of mental health providers per 100K population (2019)</td>
<td>30*</td>
<td>65**</td>
<td>152</td>
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<tr>
<td>Avg annual micrograms of particulate per cubic meter of air (2016)</td>
<td>8.7</td>
<td>42</td>
<td>8.7****</td>
</tr>
<tr>
<td>% of households with at least 1 severe housing problem (spend &gt;50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017)</td>
<td>14.6%</td>
<td>83</td>
<td>14.2%</td>
</tr>
</tbody>
</table>

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