**2019 QUICK FACTS**

Pop.: 27,767

- % Rural*: 83.1%
- Age <18: 21.5%
- Age 65+: 20.6%

(Census 2019, *2010)

Race/Ethnicity:

- White Non-Hispanic: 84.3%
- Black Non-Hispanic: 9.9%
- Hispanic: 2.9%

**HEALTH OUTCOMES IN CARROLL COUNTY**

- Overall Health Ranking (RWJF 2020)
  - Carroll: 21.0%
  - TN: 19.7%
  - US: 19.7%
  - Ranking: 30 out of 95 TN counties

- Adult Diabetes (out of 30)
  - Carroll: 9.3%
  - TN: 12.0%
  - US: 12.0%

- Poor Mental Health Days (RWJF/CDC 2017)
  - Carroll: 4.8
  - TN: 4.4
  - US: 4.4

- Obese Adults (CDC 2017***)
  - Carroll: 33.6%
  - TN: 34.6%
  - US: 34.6%

- Overweight/Obese Students
  - Carroll: 42.9%
  - TN: 39.3%
  - US: 39.3%

- Low Birth Weight Babies
  - Carroll: 7.3%
  - TN: 9.3%
  - US: 9.3%

**The Drivers of Health**

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

- Health Behavior: 30%
- Clinical Care: 20%
- Physical Environment: 10%
- Social & Economic Environment: 40%
## CARROLL COUNTY
### EXAMPLES OF THE DRIVERS OF HEALTH

### SOCIAL & ECONOMIC ENVIRONMENT

- **Poverty Rate**
  - **Carroll County:** 19.8%
  - **US:** 16.1%
  - (Census 2014-18)

- **Educational Attainment (Associate’s Degree or More)**
  - **Carroll County:** 21.5%
  - **US:** 33.8%
  - (Census 2014-18)

- **Unemployment Rate**
  - **Carroll County:** 4.8%
  - **US:** 3.4%
  - (BLS 2019)

- **Median Household Income**
  - **Carroll County:** $40,810
  - **US:** $50,972
  - (Census 2014-18)

- **Crime Rate (per 1K pop.)**
  - **Carroll County:** 40.4
  - **US:** 77.8
  - (TBI 2019)

### HEALTH BEHAVIOR

- **Drug Overdose Deaths**
  - **Carroll County:** 25.6
  - **US:** n/a
  - (CDC 2014-18)

- **Adult Smokers**
  - **Carroll County:** 22.9%
  - **US:** 23.0%
  - (RWJF/CDC 2017)

- **Physically Inactive Adults**
  - **Carroll County:** 31.5%
  - **US:** 29.4%
  - (CDC 2017***)

- **Excessive Drinking**
  - **Carroll County:** 12.9%
  - **US:** 14.0%
  - (RWJF/CDC 2017)

### CLINICAL CARE

- **Uninsured Rate, Age <65**
  - **Carroll County:** 11.5%
  - **US:** 12.0%
  - (Census 2018)

- **Pregnant Women Receiving Adequate Prenatal Care**
  - **Carroll County:** 60.0%
  - **US:** 58.8%
  - (Kids Count 2018)

- **Mental Health Providers (per 100K pop.)**
  - **Carroll County:** 50
  - **US:** 152
  - (RWJF/CMS 2019)

### PHYSICAL ENVIRONMENT

- **Air Quality**
  - **Carroll County:** 8.4
  - **US:** 8.7*
  - (CDC 2016****)

- **Percent with Severe Housing Problems**
  - **Carroll County:** 14.2%
  - **US:** 14.2%
  - (HUD 2013-17)

For more details, visit [www.SycamoreInstituteTN.org/Counties](http://www.SycamoreInstituteTN.org/Counties).

**THE SYCAMORE INSTITUTE**

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### QUICK FACTS:

<table>
<thead>
<tr>
<th></th>
<th>Carroll County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population (2019)</td>
<td>27,767</td>
<td>6,829,174</td>
<td>328,239,523</td>
</tr>
<tr>
<td>% of population under age 18 (2019)</td>
<td>21.5%</td>
<td>22.1%</td>
<td>22.3%</td>
</tr>
<tr>
<td>% of population age 65+ (2019)</td>
<td>20.6%</td>
<td>16.7%</td>
<td>16.5%</td>
</tr>
<tr>
<td>% of population residing in a rural area (2010)</td>
<td>83.1%</td>
<td>34.4%</td>
<td>21.0%</td>
</tr>
</tbody>
</table>

### HEALTH OUTCOMES:

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</tr>
</thead>
<tbody>
<tr>
<td>% of adults who rate their health as “poor” or “fair” (2017)</td>
<td>21.0%</td>
<td>19.7%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ diagnosed with diabetes (2017)</td>
<td>9.3%</td>
<td>12.0%***</td>
<td>10.1%***</td>
</tr>
<tr>
<td>Avg # of mentally unhealthy days reported in the past month (2017)</td>
<td>4.8</td>
<td>4.4</td>
<td>4.0</td>
</tr>
<tr>
<td>% of adults age 20+ who are obese (2017)</td>
<td>33.6%</td>
<td>34.6%***</td>
<td>33.7%***</td>
</tr>
<tr>
<td>% of public school students who are overweight or obese (2018)</td>
<td>42.9%</td>
<td>39.3%</td>
<td>n/a</td>
</tr>
<tr>
<td>% of births that are considered low birth weight births (2018)</td>
<td>7.3%</td>
<td>9.3%</td>
<td>8.3%</td>
</tr>
</tbody>
</table>

### SOCIAL & ECONOMIC ENVIRONMENT:

<table>
<thead>
<tr>
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<th>Carroll County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of people with incomes below the poverty level (2014-2018)</td>
<td>19.8%</td>
<td>16.1%</td>
<td>14.1%</td>
</tr>
<tr>
<td>% of adults age 25+ with at least an associate’s degree (2014-2018)</td>
<td>21.5%</td>
<td>33.8%</td>
<td>39.9%</td>
</tr>
<tr>
<td>% of labor force that is unemployed (2019)</td>
<td>4.8%</td>
<td>3.4%</td>
<td>3.7%</td>
</tr>
<tr>
<td>Median household income (2014-2018)</td>
<td>$40,810</td>
<td>$50,972</td>
<td>$60,293</td>
</tr>
<tr>
<td># of crimes per 1K population (2019)</td>
<td>40.4</td>
<td>77.8</td>
<td>n/a*</td>
</tr>
</tbody>
</table>

### HEALTH BEHAVIOR:

<table>
<thead>
<tr>
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<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td># of drug overdose deaths per 100K population (age adj.) (2014-2018)</td>
<td>n/a*</td>
<td>n/a**</td>
<td>25.6</td>
</tr>
<tr>
<td>% of adults who currently smoke cigarettes (2017)</td>
<td>22.9%</td>
<td>22.6%</td>
<td>17.0%</td>
</tr>
<tr>
<td>% of adults age 20+ reporting no leisure-time physical activity (2017)</td>
<td>31.5%</td>
<td>29.4%***</td>
<td>24.9%***</td>
</tr>
<tr>
<td>% of adults reporting binge or heavy drinking (2017)</td>
<td>12.9%</td>
<td>14.3%</td>
<td>19.0%</td>
</tr>
</tbody>
</table>

### CLINICAL CARE:

|                                                               | Carroll County | TN       | US       |
|                                                               |                |          |          |
| % of individuals under age 65 who are uninsured (2018)         | 11.5%          | 12.0%    | 10.4%    |
| % of pregnant women receiving adequate prenatal care (2018)    | 60.0%          | 58.8%    | n/a*     |
| # of mental health providers per 100K population (2019)        | 50*            | 46**     | 152      | 250      |

### PHYSICAL ENVIRONMENT:

<table>
<thead>
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<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Avg annual micrograms of particulate per cubic meter of air (2016)</td>
<td>8.4</td>
<td>8.7****</td>
<td>7.6*****</td>
</tr>
<tr>
<td>% of households with at least 1 severe housing problem (spend &gt;50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017)</td>
<td>14.2%</td>
<td>14.2%</td>
<td>17.5%</td>
</tr>
</tbody>
</table>

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