



RUTHERFORD COUNTY

QUICK FACTS

2017 Population: **317,157**

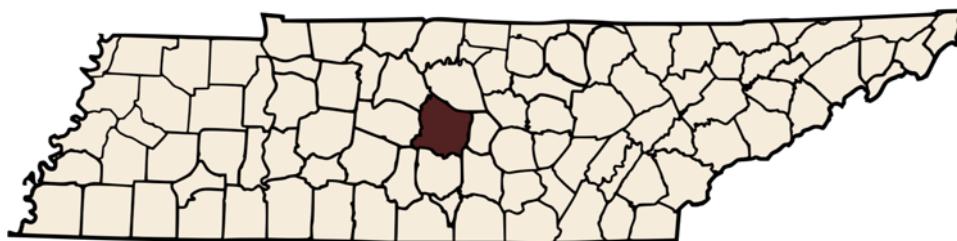
Age <18: **24.7%**

Age 65+: **10.1%**

Median Age: **34**

Percent Rural: **17.0%**

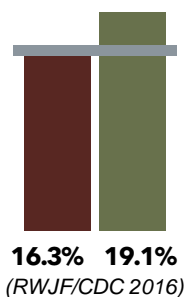
(Census 2010, 2017)



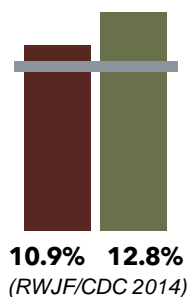
HEALTH OUTCOMES IN RUTHERFORD COUNTY



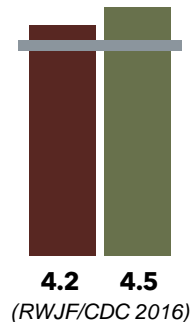
Fair/Poor Health



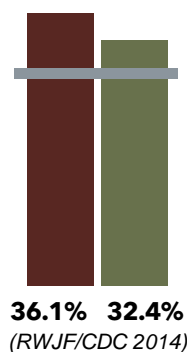
Adult Diabetes



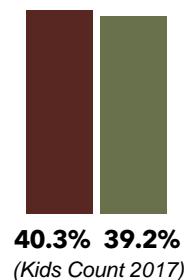
Poor Mental Health Days
(out of 30)



Obese Adults



Overweight/Obese Students



Low Birth Weight Babies

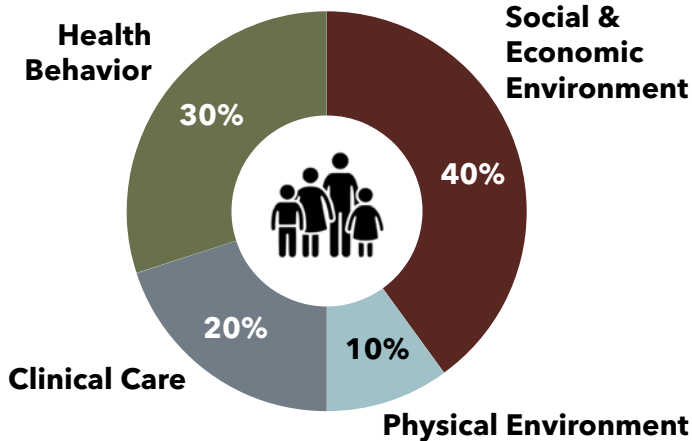


ranked **3**
out of 95 TN counties

Overall Health Ranking
(RWJF 2018)

THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.



The factors that drive our health are complex and interconnected. They can affect each other while also influencing our health and well-being.

For more details, visit www.SycamoreInstituteTN.org/Countries.

RUTHERFORD COUNTY

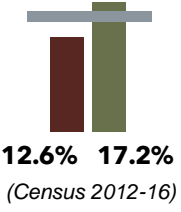
EXAMPLES OF THE DRIVERS OF HEALTH

Rutherford 
 TN 
 US 

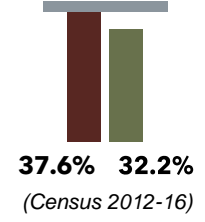
SOCIAL & ECONOMIC ENVIRONMENT influences 40% of population health



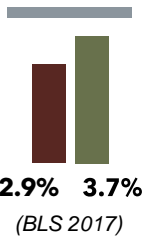
Poverty Rate



Educational Attainment (Associate's Degree or More)



Unemployment Rate



Median Household Income (Census 2012-16)



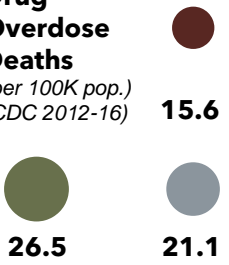
Crime Rate (per 1K pop.) (TBI 2017)



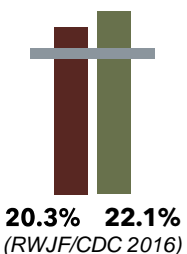
HEALTH BEHAVIOR influences 30% of population health



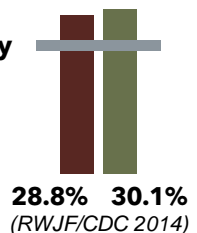
Drug Overdose Deaths (per 100K pop.) (CDC 2012-16)



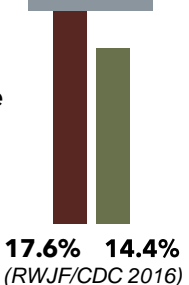
Adult Smokers



Physically Inactive Adults



Excessive Drinking



CLINICAL CARE influences 20% of population health



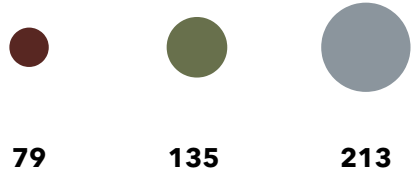
Uninsured Rate, Age <65 (Census 2016)



Pregnant Women Receiving Adequate Prenatal Care (Kids Count 2016)



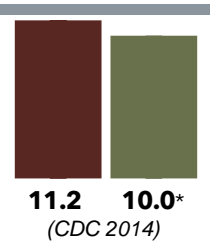
Mental Health Providers (per 100K pop.) (RWJF/CMS 2017)



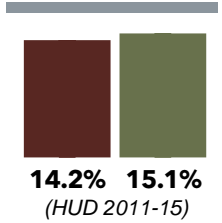
PHYSICAL ENVIRONMENT influences 10% of population health



Air Quality (micrograms of particulate matter per cubic meter) *TN value is the 95-county avg. US value is the national recommended maximum.



Percent with Severe Housing Problems



For more details, visit www.SycamoreInstituteTN.org/Countries.

RUTHERFORD COUNTY

DATA APPENDIX

	Rutherford County		TN	US
	Value	Rank ⁺⁺		
QUICK FACTS:				
Population (2017)	317,157	5	6,715,984	325,719,178
% of population under age 18 (2017)	24.7%	8	22.4%	22.6%
% of population age 65+ (2017)	10.1%	94	16.0%	15.6%
Median age (2017)	34	94	39	38
% of population residing in a rural area (2010)	17.0%	91	34.4%	21.0%
HEALTH OUTCOMES:				
% of adults who rate their health as "poor" or "fair" (2016)	16.3%	4	19.1%	16%
% of adults age 20+ diagnosed with diabetes (2014)	10.9%	4	12.8%	9.6%
Avg # of mentally unhealthy days reported in the past month (2016)	4.2	3	4.5	3.8
% of adults who are obese (2014)	36.1%	88	32.4%	28%
% of public school students who are overweight or obese (2017)	40.3%	34	39.2%	n/a ⁺
% of births that are considered low birth weight births (2016)	8.5%	28	9.3%	8.2%
SOCIAL & ECONOMIC ENVIRONMENT:				
% of people with incomes below the poverty level (2012-2016)	12.6%	6	17.2%	15.1%
% of adults age 25+ with at least an associate's degree (2012-2016)	37.6%	4	32.2%	38.5%
% of labor force that is unemployed (2017)	2.9%	3	3.7%	4.4%
Median household income (2012-2016)	\$58,032	4	\$46,574	\$55,322
# of crimes per 1K population (2017)	75.6	74	85.9	n/a ⁺
HEALTH BEHAVIOR:				
# of drug overdose deaths per 100K population (2012-2016)	15.6 ⁺	8 ⁺⁺	26.5	21.1
% of adults who currently smoke cigarettes (2016)	20.3%	18	22.1%	17.1%
% of adults age 20+ reporting no leisure-time physical activity (2014)	28.8%	12	30.1%	23%
% of adults reporting binge or heavy drinking (2016)	17.6%	94	14.4%	18%
CLINICAL CARE:				
% of individuals under age 65 who are uninsured (2016)	8.8%	4	10.6%	10.0%
% of pregnant women receiving adequate prenatal care (2016)	55.6%	64	52.4%	n/a ⁺
# of mental health providers per 100K population (2017)	79 ⁺	25 ⁺⁺	135	213
PHYSICAL ENVIRONMENT:				
Avg annual micrograms of particulate per cubic meter of air (2014)	11.2	95	10.0 ⁺⁺⁺	12.0 ⁺⁺⁺
% of households with at least 1 severe housing problem (spend >50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2011-2015)	14.2%	55	15.1%	18.4%

⁺ "n/a" means that data are not available. In some cases, national data comparable to state/county data are unavailable. In others, low figures in some counties were suppressed for privacy reasons.

⁺⁺ For "Quick Facts," a rank of 1 indicates highest value. For all other measures, a rank of 1 is best and 95 worst. For example, the county with the highest diabetes rate ranks 95th. Due to data availability, only 72 counties are ranked for overdose deaths and 87 counties for mental health providers.

⁺⁺⁺ TN value represents the 95-county average. US value represents the national recommended maximum.

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