PROFILES OF HEALTH IN TENNESSEE

HOUSTON COUNTY

QUICK FACTS
2017 Population: 8,213
Age <18: 21.8%
Age 65+: 20.4%
Median Age: 44
Percent Rural: 100%
(Census 2010, 2017)

HEALTH OUTCOMES IN HOUSTON COUNTY

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

THE DRIVERS OF HEALTH

For more details, visit www.SycamoreInstituteTN.org/Counties.
HOUSTON COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

SOCIAL & ECONOMIC ENVIRONMENT

Poverty Rate
20.9% 17.2%
(Census 2012-16)

Educational Attainment
15.0% 32.2%
(Associate’s Degree or More)

Unemployment Rate
5.7% 3.7%
(BLS 2017)

Median Household Income
$40,680 $46,574 $55,322
(Census 2012-16)

Crime Rate
25.1
(per 1K pop.)
(TBI 2017)

Uninsured Rate,
Age <65
11.5% 10.6%
(Census 2016)

Drug Overdose
26.5 21.1
Deaths
(per 100K pop.)
(CDC 2012-16)

Adult Smokers
23.2% 22.1%
(RWJF/CDC 2016)

Physically Inactive
30.7% 30.1%
Adults
(RWJF/CDC 2014)

Excessive Drinking
13.1% 14.4%
(RWJF/CDC 2016)

CLINICAL CARE

Uninsured Rate,
Age <65
11.5% 10.6%
(Census 2016)

Pregnant Women
49.0% 52.4%
Receiving Adequate
Prenatal Care
(Kids Count 2016)

Mental Health Providers
135 135 213
(per 100K pop.)
(RWJF/CMS 2017)

Excessive Drinking
13.1% 14.4%
(RWJF/CDC 2016)

PHYSICAL ENVIRONMENT

Air Quality
10.0 10.0
(micrograms of particulate
matter per cubic meter)

*TN value is the 95-county avg. US value is the national recommended maximum.

Percent with
14.6% 15.1%
Severe Housing
Problems
(HUD 2011-15)

For more details, visit www.SycamoreInstituteTN.org/Counties.
### Houston County

#### Data Appendix

<table>
<thead>
<tr>
<th>QUICK FACTS:</th>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Value</td>
<td>Rank**</td>
<td>TN Value</td>
<td>US Value</td>
</tr>
<tr>
<td>Population (2017)</td>
<td>8,213</td>
<td>88</td>
<td>6,715,984</td>
</tr>
<tr>
<td>% of population under age 18 (2017)</td>
<td>21.8%</td>
<td>38</td>
<td>22.4%</td>
</tr>
<tr>
<td>% of population age 65+ (2017)</td>
<td>20.4%</td>
<td>29</td>
<td>16.0%</td>
</tr>
<tr>
<td>Median age (2017)</td>
<td>44</td>
<td>36</td>
<td>39</td>
</tr>
<tr>
<td>% of population residing in a rural area (2010)</td>
<td>100%</td>
<td>1</td>
<td>34.4%</td>
</tr>
</tbody>
</table>

#### HEALTH OUTCOMES:

<table>
<thead>
<tr>
<th>Metric</th>
<th>HOUSTON COUNTY</th>
<th>TN Value</th>
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</thead>
<tbody>
<tr>
<td>% of adults who rate their health as “poor” or “fair” (2016)</td>
<td>21.7%</td>
<td>67</td>
<td>19.1%</td>
</tr>
<tr>
<td>% of adults age 20+ diagnosed with diabetes (2014)</td>
<td>14.2%</td>
<td>59</td>
<td>12.8%</td>
</tr>
<tr>
<td>Avg # of mentally unhealthy days reported in the past month (2016)</td>
<td>5.0</td>
<td>83</td>
<td>4.5</td>
</tr>
<tr>
<td>% of adults who are obese (2014)</td>
<td>32.9%</td>
<td>43</td>
<td>32.4%</td>
</tr>
<tr>
<td>% of public school students who are overweight or obese (2017)</td>
<td>37.4%</td>
<td>13</td>
<td>39.2%</td>
</tr>
<tr>
<td>% of births that are considered low birth weight births (2016)</td>
<td>11.5%</td>
<td>80</td>
<td>9.3%</td>
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</table>

#### SOCIAL & ECONOMIC ENVIRONMENT:

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<th>US Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of people with incomes below the poverty level (2012-2016)</td>
<td>20.9%</td>
<td>64</td>
<td>17.2%</td>
<td>15.1%</td>
</tr>
<tr>
<td>% of adults age 25+ with at least an associate’s degree (2012-2016)</td>
<td>15.0%</td>
<td>87</td>
<td>32.2%</td>
<td>38.5%</td>
</tr>
<tr>
<td>% of labor force that is unemployed (2017)</td>
<td>5.7%</td>
<td>91</td>
<td>3.7%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Median household income (2012-2016)</td>
<td>$40,680</td>
<td>44</td>
<td>$46,574</td>
<td>$55,322</td>
</tr>
<tr>
<td># of crimes per 1K population (2017)</td>
<td>25.1</td>
<td>4</td>
<td>85.9</td>
<td>n/a*</td>
</tr>
</tbody>
</table>

#### HEALTH BEHAVIOR:

<table>
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<tr>
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<tbody>
<tr>
<td># of drug overdose deaths per 100K population (2012-2016)</td>
<td>n/a*</td>
<td>n/a**</td>
<td>26.5</td>
<td>21.1</td>
</tr>
<tr>
<td>% of adults who currently smoke cigarettes (2016)</td>
<td>23.2%</td>
<td>66</td>
<td>22.1%</td>
<td>17.1%</td>
</tr>
<tr>
<td>% of adults age 20+ reporting no leisure-time physical activity (2014)</td>
<td>30.7%</td>
<td>22</td>
<td>30.1%</td>
<td>23%</td>
</tr>
<tr>
<td>% of adults reporting binge or heavy drinking (2016)</td>
<td>13.1%</td>
<td>30</td>
<td>14.4%</td>
<td>18%</td>
</tr>
</tbody>
</table>

#### CLINICAL CARE:

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<tr>
<td>% of individuals under age 65 who are uninsured (2016)</td>
<td>11.5%</td>
<td>51</td>
<td>10.6%</td>
<td>10.0%</td>
</tr>
<tr>
<td>% of pregnant women receiving adequate prenatal care (2016)</td>
<td>49.0%</td>
<td>82</td>
<td>52.4%</td>
<td>n/a*</td>
</tr>
<tr>
<td># of mental health providers per 100K population (2017)</td>
<td>135*</td>
<td>13**</td>
<td>135</td>
<td>213</td>
</tr>
</tbody>
</table>

#### PHYSICAL ENVIRONMENT:

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</thead>
<tbody>
<tr>
<td>Avg annual micrograms of particulate per cubic meter of air (2014)</td>
<td>10.0</td>
<td>40</td>
<td>10.0***</td>
<td>12.0***</td>
</tr>
<tr>
<td>% of households with at least 1 severe housing problem (spend &gt;50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2011-2015)</td>
<td>14.6%</td>
<td>66</td>
<td>15.1%</td>
<td>18.4%</td>
</tr>
</tbody>
</table>

* “n/a” means that data are not available. In some cases, national data comparable to state/county data are unavailable. In others, low figures in some counties were suppressed for privacy reasons.

** For “Quick Facts,” a rank of 1 indicates highest value. For all other measures, a rank of 1 is best and 95 worst. For example, the county with the highest diabetes rate ranks 95th. Due to data availability, only 72 counties are ranked for overdose deaths and 87 counties for mental health providers.

*** TN value represents the 95-county average. US value represents the national recommended maximum.

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