QUICK FACTS
2017 Population: 24,864
Age <18: 21.2%
Age 65+: 17.1%
Median Age: 41
Percent Rural: 100%
(Census 2010, 2017)

HEALTH OUTCOMES IN HICKMAN COUNTY

Hickman TN US
Fair/Poor Health
Adult Diabetes
Poor Mental Health Days (out of 30)
Obese Adults
Overweight/Obese Students
Low Birth Weight Babies

Overall Health Ranking (RWJF 2018)
21.3% 19.1% 13.0% 12.8% 4.8 4.5 34.8% 32.4% 42.8% 39.2% 7.5% 9.3%

THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

Health Behavior 30%
Social & Economic Environment 40%
Clinical Care 20%
Physical Environment 10%

The factors that drive our health are complex and interconnected. They can affect each other while also influencing our health and well-being.

For more details, visit www.SycamoreInstituteTN.org/Counties.
HICKMAN COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

SOCIAL & ECONOMIC ENVIRONMENT

Poverty Rate
- Hickman County: 22.9%
- TN: 17.2%
- US: 10.6%

Educational Attainment (Associate’s Degree or More)
- Hickman County: 17.3%
- TN: 32.2%
- US: 31.0%

Unemployment Rate
- Hickman County: 3.4%
- TN: 3.7%
- US: 3.9%

Median Household Income (Census 2012-16)
- Hickman County: $37,546
- TN: $46,574
- US: $55,322

Crime Rate (per 1K pop.) (TBI 2017)
- Hickman County: 71.0
- TN: 85.9
- US: 410.9

HEALTH BEHAVIOR

Drug Overdose Deaths (per 100K pop.) (CDC 2012-16)
- Hickman County: 26.5
- TN: 21.1
- US: 12.9

Adult Smokers
- Hickman County: 23.6%
- TN: 22.1%
- US: 21.0%

Physically Inactive Adults
- Hickman County: 31.1%
- TN: 30.1%
- US: 26.8%

Excessive Drinking
- Hickman County: 14.0%
- TN: 14.4%
- US: 15.4%

CLINICAL CARE

Uninsured Rate, Age <65 (Census 2016)
- Hickman County: 12.4%
- TN: 10.6%
- US: 10.5%

Pregnant Women Receiving Adequate Prenatal Care (Kids Count 2016)
- Hickman County: 59.6%
- TN: 52.4%
- US: 74.5%

Mental Health Providers (per 100K pop.) (RWJF/CMS 2017)
- Hickman County: 41
- TN: 135
- US: 213

PHYSICAL ENVIRONMENT

Air Quality (micrograms of particulate matter per cubic meter)
- Hickman County: 9.8
- US: 10.0 (CDC 2014)

Percent with Severe Housing Problems
- Hickman County: 14.8%
- US: 15.1% (HUD 2011-15)

For more details, visit www.SycamoreInstituteTN.org/Counties.

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## QUICK FACTS:

<table>
<thead>
<tr>
<th></th>
<th>Hickman County</th>
<th>TN</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value</td>
<td>Rank**</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% of population under age 18 (2017)</td>
<td>21.2%</td>
<td>48</td>
<td>22.4%</td>
</tr>
<tr>
<td>% of population age 65+ (2017)</td>
<td>17.1%</td>
<td>70</td>
<td>16.0%</td>
</tr>
<tr>
<td>Median age (2017)</td>
<td>41</td>
<td>57</td>
<td>39</td>
</tr>
<tr>
<td>% of population residing in a rural area (2010)</td>
<td>100%</td>
<td>1</td>
<td>34.4%</td>
</tr>
</tbody>
</table>

## HEALTH OUTCOMES:

<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>% of adults who rate their health as “poor” or “fair” (2016)</td>
<td>21.3%</td>
<td>60</td>
<td>19.1%</td>
</tr>
<tr>
<td>% of adults age 20+ diagnosed with diabetes (2014)</td>
<td>13.0%</td>
<td>23</td>
<td>12.8%</td>
</tr>
<tr>
<td>Avg # of mentally unhealthy days reported in the past month (2016)</td>
<td>4.8</td>
<td>51</td>
<td>4.5</td>
</tr>
<tr>
<td>% of adults who are obese (2014)</td>
<td>34.8%</td>
<td>74</td>
<td>32.4%</td>
</tr>
<tr>
<td>% of public school students who are overweight or obese (2017)</td>
<td>42.8%</td>
<td>47</td>
<td>39.2%</td>
</tr>
<tr>
<td>% of births that are considered low birth weight births (2016)</td>
<td>7.5%</td>
<td>13</td>
<td>9.3%</td>
</tr>
</tbody>
</table>

## SOCIAL & ECONOMIC ENVIRONMENT:

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<tr>
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</tr>
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<tbody>
<tr>
<td>% of people with incomes below the poverty level (2012-2016)</td>
<td>22.9%</td>
<td>76</td>
<td>17.2%</td>
</tr>
<tr>
<td>% of adults age 25+ with at least an associate’s degree (2012-2016)</td>
<td>17.3%</td>
<td>69</td>
<td>32.2%</td>
</tr>
<tr>
<td>% of labor force that is unemployed (2017)</td>
<td>3.4%</td>
<td>12</td>
<td>3.7%</td>
</tr>
<tr>
<td>Median household income (2012-2016)</td>
<td>$37,546</td>
<td>63</td>
<td>$46,574</td>
</tr>
<tr>
<td># of crimes per 1K population (2017)</td>
<td>71.0</td>
<td>68</td>
<td>85.9</td>
</tr>
</tbody>
</table>

## HEALTH BEHAVIOR:

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<thead>
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<tbody>
<tr>
<td># of drug overdose deaths per 100K population (2012-2016)</td>
<td>20.6*</td>
<td>26**</td>
<td>26.5</td>
</tr>
<tr>
<td>% of adults who currently smoke cigarettes (2016)</td>
<td>23.6%</td>
<td>70</td>
<td>22.1%</td>
</tr>
<tr>
<td>% of adults age 20+ reporting no leisure-time physical activity (2014)</td>
<td>31.1%</td>
<td>26</td>
<td>30.1%</td>
</tr>
<tr>
<td>% of adults reporting binge or heavy drinking (2016)</td>
<td>14.0%</td>
<td>65</td>
<td>14.4%</td>
</tr>
</tbody>
</table>

## CLINICAL CARE:

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</tr>
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<tbody>
<tr>
<td>% of individuals under age 65 who are uninsured (2016)</td>
<td>12.4%</td>
<td>78</td>
<td>10.6%</td>
</tr>
<tr>
<td>% of pregnant women receiving adequate prenatal care (2016)</td>
<td>59.6%</td>
<td>36</td>
<td>52.4%</td>
</tr>
<tr>
<td># of mental health providers per 100K population (2017)</td>
<td>41*</td>
<td>47**</td>
<td>135</td>
</tr>
</tbody>
</table>

## PHYSICAL ENVIRONMENT:

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</tr>
</thead>
<tbody>
<tr>
<td>Avg annual micrograms of particulate per cubic meter of air (2014)</td>
<td>9.8</td>
<td>31</td>
<td>10.0***</td>
</tr>
<tr>
<td>% of households with at least 1 severe housing problem (spend &gt;50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2011-2015)</td>
<td>14.8%</td>
<td>69</td>
<td>15.1%</td>
</tr>
</tbody>
</table>

* "n/a" means that data are not available. In some cases, national data comparable to state/county data are unavailable. In others, low figures in some counties were suppressed for privacy reasons.

** For “Quick Facts,” a rank of 1 indicates highest value. For all other measures, a rank of 1 is best and 95 worst. For example, the county with the highest diabetes rate ranks 95. Due to data availability, only 72 counties are ranked for overdose deaths and 87 counties for mental health providers.

*** TN value represents the 95-county average. US value represents the national recommended maximum.

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