

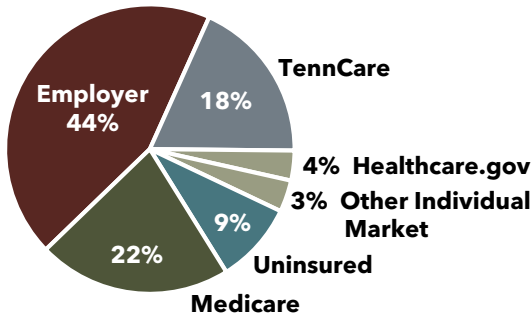
HEALTH IN TENNESSEE

HOW TENNESSEE RANKS

1 of the **BOTTOM 10 STATES** for many health metrics.

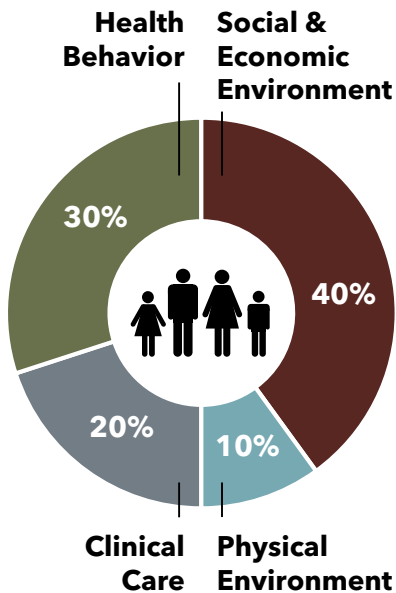
- 45th** America's Health Rankings (2017)
- 46th** Adult Obesity
- 45th** Diabetes
- 45th** Depression
- 44th** Adult Smoking
- 41st** Infant Mortality

HEALTH INSURANCE

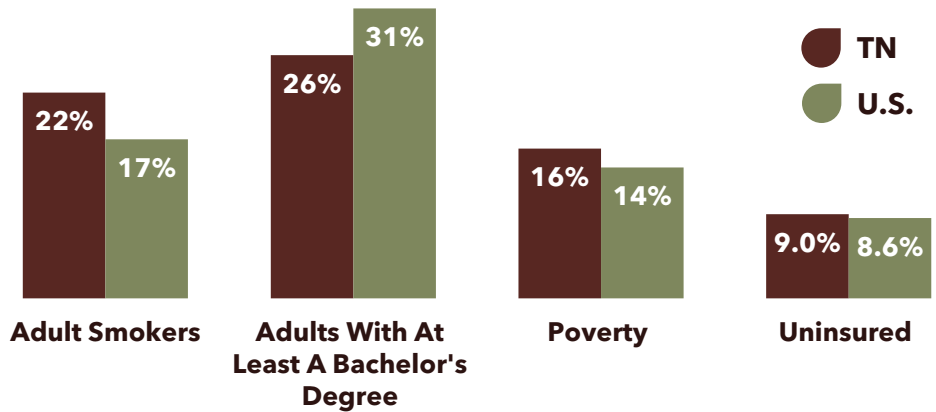
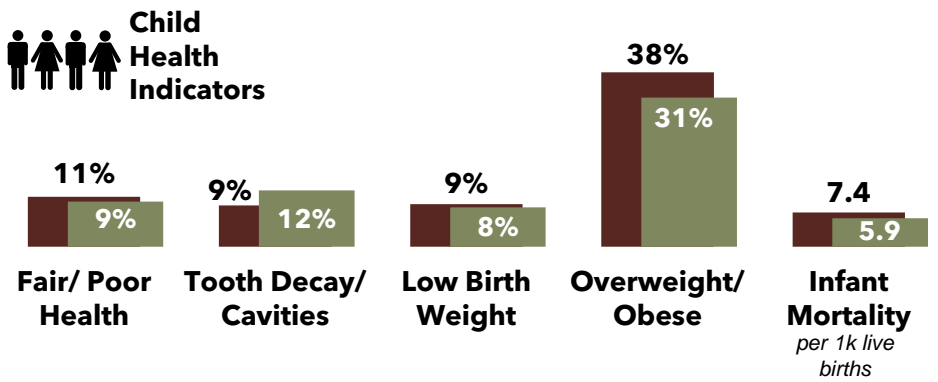
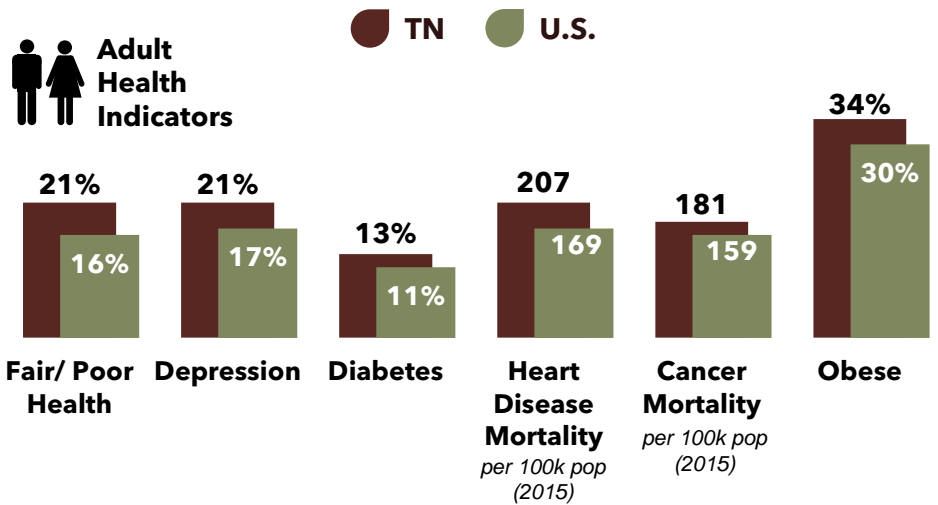


THE DRIVERS OF HEALTH

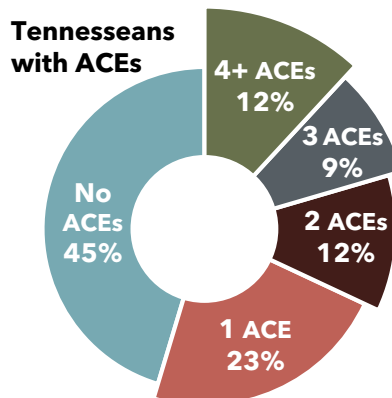
Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.



THE HEALTH OF TENNESSEANS



ADVERSE CHILDHOOD EXPERIENCES (ACEs)



Chronic and severe stress caused by ACEs — such as household dysfunction or psychological, physical, or sexual abuse — can **disrupt healthy brain development**.

The higher the ACE score, the greater the risk of long-term health and social problems.