

# **TENNESSEE**

**SULLIVAN REGION HEALTH & WELL-BEING INDEX 2017** 

SULLIVAN REGION overall score out of 10

#6 out of 14 regions



**Sullivan County** 

### HOW ARE TENNESSEANS IN THE SULLIVAN REGION DOING?

## HOW DOES THE REGION SCORE ON THE DRIVERS OF HEALTH?

### **AREAS OF STRENGTH**

High school graduation rate



93%

Adults with a primary care physician



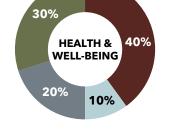
82%

Adults with stable housing



88%

ADULTS	REGIONAL AVERAGE	NATIONAL AVERAGE
Overweight or obese	66%	vs. 64%
Diagnosed with high blood pressur	e <b>39%</b>	vs. 31%
Report their health as fair or poor	23%	vs. 17%
Diagnosed with diabetes	13%	vs. 10%
Diagnosed with asthma	14%	vs. 14%
THE CHILDREN		



#### **SULLIVAN REGION DOMAIN SCORES**

7.2 Social & Economic Environment #4 out of 14 regions

4.7 Health Behavior #12 out of 14 regions

7.9 Clinical Care #1 out of 14 regions

**8.3** Physical Environment #4 out of 14 regions

#### **AREAS FOR IMPROVEMENT**

Children who are food insecure



26%

Individuals in households below poverty

\$

19%

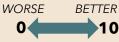
Adults who smoke cigarettes



28%



Overweight or obese



40%

vs. 33%

**Table 15. Sullivan Region Metrics** 

	MOST RECENT TENNESSEE DATA	NATIONAL AVERAGE	BETTER/WORSE THAN NATIONAL AVERAGE
Social & Economic Environment Domain			
Adults with some college education (2014)	56.6%	46.1%	BETTER
Black-White Residential Segregation Index (2014)	54	59	BETTER
Childless household that are food insecure (2014)	14.2%	13.0%	WORSE
Children who are food insecure (2014)	25.6%	17.0%	WORSE
Children who live in poverty (2014)	28.2%	19.7%	WORSE
High School Graduation rate (2015)	92.9%	82.0%	BETTER
Income Inequality Index (2015)	46.8	47.9	BETTER
Individuals who live in poverty (2014)	18.5%	12.4%	WORSE
Unemployment rate (2014)	6.7%	6.2%	WORSE
White-Non-White Residential Segregation Index (2014)	34	41	BETTER
Health Behavior Domain			
Adults currently smoking cigarettes (2013)	28.4%	16.8%	WORSE
Adults who are physically inactive (2012)	36.3%	29.6%	WORSE
Adults who eat 5 or more servings of fruits and vegetables each day (2013)	5.6% combined	13.1% fruit 8.9% vegetables	-
Clinical Care Domain			
Adults who are uninsured (2014)	17.3%	10.4%	WORSE
Adults who avoided medical care in the last 12 months due to cost (2013)	15.5%	15.3%	SAME
Adults with a primary care physician (2013)	82.0%	69.9%	BETTER
Adults with diabetes receiving at least 2 HbA1c measurements in the last year (2013)	91.2%	84.9%	BETTER
Children who are uninsured (2013)	4.9%	7.5%	BETTER
Medicare enrollees readmitted within 30 days of a hospital discharge (2013)	18.4%	18.0%	SAME
Pregnant women who receive adequate prenatal care (2015)	55.8%	74.4%	WORSE
Women who have received a pap test within the past 3 years (2013)	84.4%	75.2%	BETTER
Women, 40 and older, who have received a mammogram in the past 2 years (2013)	73.3%	73.0%	SAME
Physical Environment Domain			
Adults with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities (2012)	11.8%	19.0%	BETTER
Individuals with access to exercise opportunities (e.g. parks, gyms, YMCAs, community centers, dance studios, pools) (2014)	76.9%	77.0%	SAME

**Table 16.** Comparison of 2017 and 2016 Index and Domain Scores

	Health & Well-Being Index			Social & Economic Environment Domain		Health Behavior Domain		Clinical Care Domain			Physical Environment Domain				
	2016	2017		2016	2017		2016	2017		2016	2017		2016	2017	
Tennessee	6.5	6.6	$\triangle$	6.5	6.8	<b>A</b>	5.0	5.1	<b>A</b>	8.0	8.0	4	7.7	7.7	4
Northeast	6.5	6.5	4	6.9	7.0	<b>A</b>	4.8	4.8	4	7.7	7.7	•	7.5	7.4	•
East	6.6	6.4	•	6.9	7.0	<b>A</b>	4.8	4.8	4	8.1	7.5	▼	7.4	7.2	•
Knox	7.0	6.9	•	7.3	7.3	4	5.4	5.3	•	8.2	7.9	•	8.2	8.2	4
Upper- Cumberland	6.5	6.4	•	6.9	7.0	<b>A</b>	5.1	4.9	•	7.9	7.7	<b>V</b>	6.6	6.0	•
Southeast	6.5	6.5	<b>A</b>	7.1	7.1	<b>A</b>	4.8	4.7	•	7.8	7.6	•	7.0	6.8	▼
Hamilton	6.7	6.8		6.9	7.0	<b>A</b>	5.1	5.4		7.8	7.9		8.2	8.3	
Davidson	6.9	6.9	4	7.1	7.1	4	5.5	5.5	•	7.8	7.8	<b>*</b>	8.4	8.4	<b>*</b>
Mid-Cumberland	6.8	6.9		7.3	7.6	<b>A</b>	5.1	5.1	4	8.1	7.9	•	7.3	7.3	4
South Central	6.5	6.6	_	7.2	7.3	<b>A</b>	4.7	5.0	<b>A</b>	7.8	7.6	<b>V</b>	6.6	6.3	•
Northwest	6.5	6.5	4	7.1	7.1	<b>A</b>	4.8	4.9		7.6	7.8	<b>A</b>	6.8	6.6	•
Southwest	6.4	6.4	4	7.1	7.1	4	4.7	4.5	•	7.8	7.7	•	6.3	6.3	4
Shelby	6.5	6.6	Δ	6.5	6.5	4	5.4	5.4	4	7.6	7.8	<b>A</b>	8.4	8.4	4
Madison	6.7	6.7	4	7.1	7.1	4	5.2	5.1	•	8.0	7.9	▼	7.5	7.8	<b>A</b>
Sullivan	6.8	6.7	•	7.2	7.2	4	4.8	4.7	•	8.0	7.9	•	8.3	8.3	4