

# TENNESSEE

## SOUTHWEST REGION HEALTH & WELL-BEING INDEX 2017

#14 out of 14 regions

SOUTHWEST  
REGION  
overall score

**6.4**  
out of 10



Chester, Decatur, Fayette, Hardeman, Hardin, Haywood, Henderson, Lauderdale, McNairy & Tipton Counties

### HOW ARE TENNESSEANS IN THE SOUTHWEST REGION DOING?



#### ADULTS

REGIONAL  
AVERAGE

NATIONAL  
AVERAGE

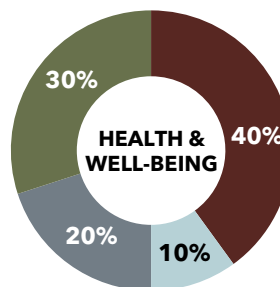
Overweight or obese	<b>73%</b>	vs. 64%
Diagnosed with high blood pressure	<b>40%</b>	vs. 31%
Report their health as fair or poor	<b>26%</b>	vs. 17%
Diagnosed with diabetes	<b>17%</b>	vs. 10%
Diagnosed with asthma	<b>7%</b>	vs. 14%



#### CHILDREN

Overweight or obese	<b>43%</b>	vs. 33%
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### HOW DOES THE REGION SCORE ON THE DRIVERS OF HEALTH?



### SOUTHWEST REGION DOMAIN SCORES

- 7.1** Social & Economic Environment  
#7 out of 14 regions
- 4.5** Health Behavior  
#14 out of 14 regions
- 7.7** Clinical Care  
#9 out of 14 regions
- 6.3** Physical Environment  
#13 out of 14 regions

### AREAS OF STRENGTH

High school graduation rate		<b>91%</b>
Adults with a primary care physician		<b>84%</b>
Adults with stable housing		<b>85%</b>

### AREAS FOR IMPROVEMENT

Children who are food insecure		<b>26%</b>
Adults who are currently smoking		<b>33%</b>
Adults who avoided needed care due to cost		<b>21%</b>

SAME AS  
2016 SCORE OF  
**6.4**

WORSE ← **0** → **10** BETTER

**Table 12. Southwest Region Metrics**

	<b>MOST RECENT TENNESSEE DATA</b>	<b>NATIONAL AVERAGE</b>	<b>BETTER/WORSE THAN NATIONAL AVERAGE</b>
<b>Social &amp; Economic Environment Domain</b>			
Adults with some college education (2014)	44.2%	46.1%	<b>WORSE</b>
Black-White Residential Segregation Index (2014)	39	59	<b>BETTER</b>
Childless household that are food insecure (2014)	18.2%	13.0%	<b>WORSE</b>
Children who are food insecure (2014)	25.8%	17.0%	<b>WORSE</b>
Children who live in poverty (2014)	28.0%	19.7%	<b>WORSE</b>
High School Graduation rate (2015)	90.6%	82.0%	<b>BETTER</b>
Income Inequality Index (2015)	46.5	47.9	<b>BETTER</b>
Individuals who live in poverty (2014)	20.9%	12.4%	<b>WORSE</b>
Unemployment rate (2014)	9.0%	6.2%	<b>WORSE</b>
White-Non-White Residential Segregation Index (2014)	34	41	<b>BETTER</b>
<b>Health Behavior Domain</b>			
Adults currently smoking cigarettes (2013)	32.8%	16.8%	<b>WORSE</b>
Adults who are physically inactive (2012)	36.6%	29.6%	<b>WORSE</b>
Adults who eat 5 or more servings of fruits and vegetables each day (2013)	5.3% combined	13.1% fruit 8.9% vegetables	-
<b>Clinical Care Domain</b>			
Adults who are uninsured (2014)	17.5%	10.4%	<b>WORSE</b>
Adults who avoided medical care in the last 12 months due to cost (2013)	20.5%	15.3%	<b>WORSE</b>
Adults with a primary care physician (2013)	84.0%	69.9%	<b>BETTER</b>
Adults with diabetes receiving at least 2 HbA1c measurements in the last year (2013)	85.5%	84.9%	<b>SAME</b>
Children who are uninsured (2013)	5.2%	7.5%	<b>BETTER</b>
Medicare enrollees readmitted within 30 days of a hospital discharge (2013)	18.1%	18.0%	<b>SAME</b>
Pregnant women who receive adequate prenatal care (2015)	63.9%	74.4%	<b>WORSE</b>
Women who have received a pap test within the past 3 years (2013)	76.1%	75.2%	<b>BETTER</b>
Women, 40 and older, who have received a mammogram in the past 2 years (2013)	63.2%	73%	<b>WORSE</b>
<b>Physical Environment Domain</b>			
Adults with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities (2012)	15.4%	19.0%	<b>BETTER</b>
Individuals with access to exercise opportunities (e.g. parks, gyms, YMCAs, community centers, dance studios, pools) (2014)	40.6%	77.0%	<b>WORSE</b>

**Table 16. Comparison of 2017 and 2016 Index and Domain Scores**

	Health & Well-Being Index			Social & Economic Environment Domain			Health Behavior Domain			Clinical Care Domain			Physical Environment Domain		
	2016	2017		2016	2017		2016	2017		2016	2017		2016	2017	
<b>Tennessee</b>	6.5	6.6	▲	6.5	6.8	▲	5.0	5.1	▲	8.0	8.0	▲▼	7.7	7.7	▲▼
<b>Northeast</b>	6.5	6.5	▲▼	6.9	7.0	▲	4.8	4.8	▲▼	7.7	7.7	▼	7.5	7.4	▼
<b>East</b>	6.6	6.4	▼	6.9	7.0	▲	4.8	4.8	▲▼	8.1	7.5	▼	7.4	7.2	▼
<b>Knox</b>	7.0	6.9	▼	7.3	7.3	▲▼	5.4	5.3	▼	8.2	7.9	▼	8.2	8.2	▲▼
<b>Upper-Cumberland</b>	6.5	6.4	▼	6.9	7.0	▲	5.1	4.9	▼	7.9	7.7	▼	6.6	6.0	▼
<b>Southeast</b>	6.5	6.5	▲▼	7.1	7.1	▲▼	4.8	4.7	▼	7.8	7.6	▼	7.0	6.8	▼
<b>Hamilton</b>	6.7	6.8	▲	6.9	7.0	▲	5.1	5.4	▲	7.8	7.9	▲	8.2	8.3	▲
<b>Davidson</b>	6.9	6.9	▲▼	7.1	7.1	▲▼	5.5	5.5	▲▼	7.8	7.8	▲▼	8.4	8.4	▲▼
<b>Mid-Cumberland</b>	6.8	6.9	▲	7.3	7.6	▲	5.1	5.1	▲▼	8.1	7.9	▼	7.3	7.3	▲▼
<b>South Central</b>	6.5	6.6	▲	7.2	7.3	▲	4.7	5.0	▲	7.8	7.6	▼	6.6	6.3	▼
<b>Northwest</b>	6.5	6.5	▲▼	7.1	7.1	▲▼	4.8	4.9	▲	7.6	7.8	▲	6.8	6.6	▼
<b>Southwest</b>	6.4	6.4	▲▼	7.1	7.1	▲▼	4.7	4.5	▼	7.8	7.7	▼	6.3	6.3	▲▼
<b>Shelby</b>	6.5	6.6	▲	6.5	6.5	▲▼	5.4	5.4	▲▼	7.6	7.8	▲	8.4	8.4	▲▼
<b>Madison</b>	6.7	6.7	▲▼	7.1	7.1	▲▼	5.2	5.1	▼	8.0	7.9	▼	7.5	7.8	▲
<b>Sullivan</b>	6.8	6.7	▼	7.2	7.2	▲▼	4.8	4.7	▼	8.0	7.9	▼	8.3	8.3	▲▼