

TENNESSEE

SOUTHEAST REGION HEALTH & WELL-BEING INDEX 2017

#11 out of 14 regions

SOUTHEAST
REGION
overall score

6.5
out of 10



Bledsoe, Bradley, Franklin, Grundy, Marion, McMinn, Meigs, Polk, Rhea & Sequatchie Counties

HOW ARE TENNESSEANS IN THE SOUTHEAST REGION DOING?



ADULTS

REGIONAL
AVERAGE

NATIONAL
AVERAGE

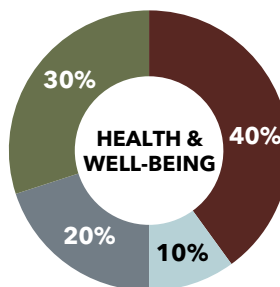
| | | |
|-------------------------------------|------------|---------|
| Overweight or obese | 72% | vs. 64% |
| Diagnosed with high blood pressure | 43% | vs. 31% |
| Report their health as fair or poor | 32% | vs. 17% |
| Diagnosed with diabetes | 17% | vs. 10% |
| Diagnosed with asthma | 16% | vs. 14% |



CHILDREN

| | | |
|---------------------|------------|---------|
| Overweight or obese | 41% | vs. 33% |
|---------------------|------------|---------|




HOW DOES THE REGION SCORE ON THE DRIVERS OF HEALTH?



SOUTHEAST REGION DOMAIN SCORES

- 7.1** Social & Economic Environment
#6 out of 14 regions
- 4.7** Health Behavior
#13 out of 14 regions
- 7.6** Clinical Care
#13 out of 14 regions
- 6.8** Physical Environment
#10 out of 14 regions

AREAS OF STRENGTH

| | | |
|--------------------------------------|---|------------|
| High school graduation rate |  | 87% |
| Adults with a primary care physician |  | 80% |
| Adults with stable housing |  | 85% |

AREAS FOR IMPROVEMENT

| | | |
|--|---|------------|
| Children who are food insecure |  | 26% |
| Children in households below poverty |  | 29% |
| Adults who avoided needed care due to cost |  | 21% |

SAME AS
2016 SCORE OF
6.5

WORSE ← BETTER
0 → **10**

Table 6. Southeast Region Metrics

| | MOST RECENT TENNESSEE DATA | NATIONAL AVERAGE | BETTER/WORSE THAN NATIONAL AVERAGE |
|--|----------------------------------|--------------------------------|--|
| Social & Economic Environment Domain | | | |
| Adults with some college education (2014) | 41.0% | 46.1% | WORSE |
| Black-White Residential Segregation Index (2014) | 42 | 59 | BETTER |
| Childless household that are food insecure (2014) | 15.2% | 13.0% | WORSE |
| Children who are food insecure (2014) | 26.4% | 17.0% | WORSE |
| Children who live in poverty (2014) | 29.3% | 19.7% | WORSE |
| High School Graduation rate (2015) | 87.3% | 82.0% | BETTER |
| Income Inequality Index (2015) | 45.4 | 47.9 | BETTER |
| Individuals who live in poverty (2014) | 20.8% | 12.4% | WORSE |
| Unemployment rate (2014) | 7.9% | 6.2% | WORSE |
| White-Non-White Residential Segregation Index (2014) | 27 | 41 | BETTER |
| Health Behavior Domain | | | |
| Adults currently smoking cigarettes (2013) | 30.3% | 16.8% | WORSE |
| Adults who are physically inactive (2012) | 37.1% | 29.6% | WORSE |
| Adults who eat 5 or more servings of fruits and vegetables each day (2013) | 7.1% combined | 13.1% fruit 8.9% vegetables | - |
| Clinical Care Domain | | | |
| Adults who are uninsured (2014) | 18.5% | 10.4% | WORSE |
| Adults who avoided medical care in the last 12 months due to cost (2013) | 20.8% | 15.3% | WORSE |
| Adults with a primary care physician (2013) | 80.0% | 69.9% | BETTER |
| Adults with diabetes receiving at least 2 HbA1c measurements in the last year (2013) | 85.4% | 84.9% | BETTER |
| Children who are uninsured (2013) | 5.7% | 7.5% | BETTER |
| Medicare enrollees readmitted within 30 days of a hospital discharge (2013) | 18.2% | 18.0% | SAME |
| Pregnant women who receive adequate prenatal care (2015) | 55.9% | 74.4% | WORSE |
| Women who have received a pap test within the past 3 years (2013) | 75.7% | 75.2% | SAME |
| Women, 40 and older, who have received a mammogram in the past 2 years (2013) | 69.3% | 73.0% | WORSE |
| Physical Environment Domain | | | |
| Adults with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities (2012) | 15.2% | 19.0% | BETTER |
| Individuals with access to exercise opportunities (e.g. parks, gyms, YMCAs, community centers, dance studios, pools) (2014) | 50.7% | 77.0% | WORSE |

Table 16. Comparison of 2017 and 2016 Index and Domain Scores

| | Health & Well-Being Index | | | Social & Economic Environment Domain | | | Health Behavior Domain | | | Clinical Care Domain | | | Physical Environment Domain | | |
|-------------------------|---------------------------|------|----|--------------------------------------|------|----|------------------------|------|----|----------------------|------|----|-----------------------------|------|----|
| | 2016 | 2017 | | 2016 | 2017 | | 2016 | 2017 | | 2016 | 2017 | | 2016 | 2017 | |
| Tennessee | 6.5 | 6.6 | ▲ | 6.5 | 6.8 | ▲ | 5.0 | 5.1 | ▲ | 8.0 | 8.0 | ▲▼ | 7.7 | 7.7 | ▲▼ |
| Northeast | 6.5 | 6.5 | ▲▼ | 6.9 | 7.0 | ▲ | 4.8 | 4.8 | ▲▼ | 7.7 | 7.7 | ▼ | 7.5 | 7.4 | ▼ |
| East | 6.6 | 6.4 | ▼ | 6.9 | 7.0 | ▲ | 4.8 | 4.8 | ▲▼ | 8.1 | 7.5 | ▼ | 7.4 | 7.2 | ▼ |
| Knox | 7.0 | 6.9 | ▼ | 7.3 | 7.3 | ▲▼ | 5.4 | 5.3 | ▼ | 8.2 | 7.9 | ▼ | 8.2 | 8.2 | ▲▼ |
| Upper-Cumberland | 6.5 | 6.4 | ▼ | 6.9 | 7.0 | ▲ | 5.1 | 4.9 | ▼ | 7.9 | 7.7 | ▼ | 6.6 | 6.0 | ▼ |
| Southeast | 6.5 | 6.5 | ▲▼ | 7.1 | 7.1 | ▲▼ | 4.8 | 4.7 | ▼ | 7.8 | 7.6 | ▼ | 7.0 | 6.8 | ▼ |
| Hamilton | 6.7 | 6.8 | ▲ | 6.9 | 7.0 | ▲ | 5.1 | 5.4 | ▲ | 7.8 | 7.9 | ▲ | 8.2 | 8.3 | ▲ |
| Davidson | 6.9 | 6.9 | ▲▼ | 7.1 | 7.1 | ▲▼ | 5.5 | 5.5 | ▲▼ | 7.8 | 7.8 | ▲▼ | 8.4 | 8.4 | ▲▼ |
| Mid-Cumberland | 6.8 | 6.9 | ▲ | 7.3 | 7.6 | ▲ | 5.1 | 5.1 | ▲▼ | 8.1 | 7.9 | ▼ | 7.3 | 7.3 | ▲▼ |
| South Central | 6.5 | 6.6 | ▲ | 7.2 | 7.3 | ▲ | 4.7 | 5.0 | ▲ | 7.8 | 7.6 | ▼ | 6.6 | 6.3 | ▼ |
| Northwest | 6.5 | 6.5 | ▲▼ | 7.1 | 7.1 | ▲▼ | 4.8 | 4.9 | ▲ | 7.6 | 7.8 | ▲ | 6.8 | 6.6 | ▼ |
| Southwest | 6.4 | 6.4 | ▲▼ | 7.1 | 7.1 | ▲▼ | 4.7 | 4.5 | ▼ | 7.8 | 7.7 | ▼ | 6.3 | 6.3 | ▲▼ |
| Shelby | 6.5 | 6.6 | ▲ | 6.5 | 6.5 | ▲▼ | 5.4 | 5.4 | ▲▼ | 7.6 | 7.8 | ▲ | 8.4 | 8.4 | ▲▼ |
| Madison | 6.7 | 6.7 | ▲▼ | 7.1 | 7.1 | ▲▼ | 5.2 | 5.1 | ▼ | 8.0 | 7.9 | ▼ | 7.5 | 7.8 | ▲ |
| Sullivan | 6.8 | 6.7 | ▼ | 7.2 | 7.2 | ▲▼ | 4.8 | 4.7 | ▼ | 8.0 | 7.9 | ▼ | 8.3 | 8.3 | ▲▼ |