



TENNESSEE

SHELBY REGION HEALTH & WELL-BEING INDEX 2017

#8 out of 14 regions

SHELBY
REGION
overall score

6.6
out of 10



Shelby County

HOW ARE TENNESSEANS IN THE SHELBY REGION DOING?



ADULTS

REGIONAL
AVERAGE NATIONAL
AVERAGE

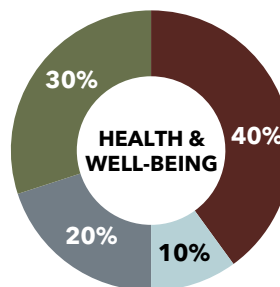
Overweight or obese	73%	vs. 64%
Diagnosed with high blood pressure	38%	vs. 31%
Report their health as fair or poor	21%	vs. 17%
Diagnosed with diabetes	11%	vs. 10%
Diagnosed with asthma	11%	vs. 14%



CHILDREN

Overweight or obese	40%	vs. 33%
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HOW DOES THE REGION SCORE ON THE DRIVERS OF HEALTH?



SHELBY REGION DOMAIN SCORES

6.5	Social & Economic Environment #14 out of 14 regions
5.4	Health Behavior #3 out of 14 regions
7.8	Clinical Care #8 out of 14 regions
8.4	Physical Environment #1 out of 14 regions

AREAS OF STRENGTH

Access to exercise opportunities		90%
Adults with a primary care physician		76%
Women who received a pap test in the last 3 years		89%

AREAS FOR IMPROVEMENT

Children who are food insecure		23%
High school graduation rate		77%
Adults with severe housing problems		22%

BETTER THAN
2016 SCORE OF
6.5

WORSE ← BETTER
0 → 10

Table 13. Shelby Region Metrics

	MOST RECENT TENNESSEE DATA	NATIONAL AVERAGE	BETTER/WORSE THAN NATIONAL AVERAGE
Social & Economic Environment Domain			
Adults with some college education (2014)	62.3%	46.1%	BETTER
Black-White Residential Segregation Index (2014)	67	59	WORSE
Childless household that are food insecure (2014)	22.4%	13.0%	WORSE
Children who are food insecure (2014)	22.9%	17.0%	WORSE
Children who live in poverty (2014)	34.5%	19.7%	WORSE
High School Graduation rate (2015)	77.2%	82.0%	WORSE
Income Inequality Index (2015)	50.5	47.9	WORSE
Individuals who live in poverty (2014)	23.0%	12.4%	WORSE
Unemployment rate (2014)	7.9%	6.2%	WORSE
White-Non-White Residential Segregation Index (2014)	63	41	WORSE
Health Behavior Domain			
Adults currently smoking cigarettes (2013)	20.4%	16.8%	WORSE
Adults who are physically inactive (2012)	30.2%	29.6%	SAME
Adults who eat 5 or more servings of fruits and vegetables each day (2013)	11.1% combined	13.1% fruit 8.9% vegetables	-
Clinical Care Domain			
Adults who are uninsured (2014)	19.3%	10.4%	WORSE
Adults who avoided medical care in the last 12 months due to cost (2013)	20.0%	15.3%	WORSE
Adults with a primary care physician (2013)	76.0%	69.9%	BETTER
Adults with diabetes receiving at least 2 HbA1c measurements in the last year (2013)	84.3%	84.9%	SAME
Children who are uninsured (2013)	4.7%	7.5%	BETTER
Medicare enrollees readmitted within 30 days of a hospital discharge (2013)	18.6%	18.0%	SAME
Pregnant women who receive adequate prenatal care (2015)	51.6%	74.4%	WORSE
Women who have received a pap test within the past 3 years (2013)	89.4%	75.2%	BETTER
Women, 40 and older, who have received a mammogram in the past 2 years (2013)	76.2%	73.0%	BETTER
Physical Environment Domain			
Adults with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities (2012)	21.8%	19.0%	WORSE
Individuals with access to exercise opportunities (e.g. parks, gyms, YMCAs, community centers, dance studios, pools) (2014)	90.1%	77.0%	BETTER

Table 16. Comparison of 2017 and 2016 Index and Domain Scores

	Health & Well-Being Index			Social & Economic Environment Domain			Health Behavior Domain			Clinical Care Domain			Physical Environment Domain		
	2016	2017		2016	2017		2016	2017		2016	2017		2016	2017	
Tennessee	6.5	6.6	▲	6.5	6.8	▲	5.0	5.1	▲	8.0	8.0	▲▼	7.7	7.7	▲▼
Northeast	6.5	6.5	▲▼	6.9	7.0	▲	4.8	4.8	▲▼	7.7	7.7	▼	7.5	7.4	▼
East	6.6	6.4	▼	6.9	7.0	▲	4.8	4.8	▲▼	8.1	7.5	▼	7.4	7.2	▼
Knox	7.0	6.9	▼	7.3	7.3	▲▼	5.4	5.3	▼	8.2	7.9	▼	8.2	8.2	▲▼
Upper-Cumberland	6.5	6.4	▼	6.9	7.0	▲	5.1	4.9	▼	7.9	7.7	▼	6.6	6.0	▼
Southeast	6.5	6.5	▲▼	7.1	7.1	▲▼	4.8	4.7	▼	7.8	7.6	▼	7.0	6.8	▼
Hamilton	6.7	6.8	▲	6.9	7.0	▲	5.1	5.4	▲	7.8	7.9	▲	8.2	8.3	▲
Davidson	6.9	6.9	▲▼	7.1	7.1	▲▼	5.5	5.5	▲▼	7.8	7.8	▲▼	8.4	8.4	▲▼
Mid-Cumberland	6.8	6.9	▲	7.3	7.6	▲	5.1	5.1	▲▼	8.1	7.9	▼	7.3	7.3	▲▼
South Central	6.5	6.6	▲	7.2	7.3	▲	4.7	5.0	▲	7.8	7.6	▼	6.6	6.3	▼
Northwest	6.5	6.5	▲▼	7.1	7.1	▲▼	4.8	4.9	▲	7.6	7.8	▲	6.8	6.6	▼
Southwest	6.4	6.4	▲▼	7.1	7.1	▲▼	4.7	4.5	▼	7.8	7.7	▼	6.3	6.3	▲▼
Shelby	6.5	6.6	▲	6.5	6.5	▲▼	5.4	5.4	▲▼	7.6	7.8	▲	8.4	8.4	▲▼
Madison	6.7	6.7	▲▼	7.1	7.1	▲▼	5.2	5.1	▼	8.0	7.9	▼	7.5	7.8	▲
Sullivan	6.8	6.7	▼	7.2	7.2	▲▼	4.8	4.7	▼	8.0	7.9	▼	8.3	8.3	▲▼